

GNC

MEGA MEN[®]

Energy & Metabolism MULTIVITAMIN

Formulated for energy you can feel plus foundational nutrients to support metabolism.*

✓ **MEN'S HEALTH** Contains a clinically studied multivitamin blend shown to work better than a basic multivitamin.* Helps support prostate health.*

✓ **ENERGY** Shown to improve levels of key B vitamins essential for energy production.**

✓ **CALORIE BURNING** Contains a combination of thermogenic ingredients that may support calorie burning & mental sharpness.*

✓ **ANTIOXIDANTS** Packed with antioxidants to help fight free radicals that can be produced during intense exercise.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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MEGA MEN[®]

Energy & Metabolism

MULTIVITAMIN

WITH CLINICALLY PROVEN BLEND*

- Energy*
- Calorie Burning*
- Antioxidants*

TIMED RELEASE

90 CAPLETS • 45-DAY SUPPLY

DIETARY SUPPLEMENT

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CODE 206221

JYG-333

DIRECTIONS: As a dietary supplement, take two caplets daily with food. Do not take near bedtime.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% as Retinyl Acetate) ... 1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate) ... 300 mg	333%
Vitamin D (as Cholecalciferol) ... 50 mcg	250%
Vitamin E (as d-alpha Tocopheryl Acetate) ... 20.1 mg	134%
Vitamin K (as Phytonadione) ... 80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate) ... 50 mg	4167%
Riboflavin (Vitamin B-2) ... 50 mg	3846%
Niacin (as Niacinamide & Niacin) ... 50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride) ... 50 mg	2941%
Folate ... 680 mcg DFE	170%
(400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin) ... 50 mcg	2083%
Biotin ... 300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate) ... 50 mg	1000%
Choline (as Choline Bitartrate) ... 10 mg	2%
Calcium (as Calcium Carbonate, Dicalcium Phosphate & Calcium d-Pantothenate) ... 210 mg	16%
Iodine (as Potassium Iodide) ... 150 mcg	100%
Magnesium (as Magnesium Oxide) ... 120 mg	29%
Zinc (as Zinc Oxide) ... 25 mg	227%
Selenium (as L-Selenomethionine) ... 200 mcg	364%
Copper (as Cupric Sulfate) ... 2 mg	222%
Manganese (as Manganese Sulfate) ... 2 mg	87%
Chromium (as Chromium Chloride) ... 120 mcg	343%
Molybdenum (as Sodium Molybdate) ... 75 mcg	167%
Coffee (Coffea arabica) Bean Powder (Standardized to 98% Caffeine = 100 mg)	102 mg
alpha-Lipoic Acid	25 mg
Inositol	10 mg
Capsicum (Capsicum annuum) Seed Extract	10 mg
Silica (as Silicon Dioxide)	4 mg
Black Pepper (Piper nigrum) Fruit Extract (Standardized to 95% Piperine = 2.5 mg)	2.6 mg
Boron (as Sodium Borate)	2 mg
Lutein (from Marigold [Tagetes erecta] Flower Extract)	2 mg
Lycopene	2 mg
Zeaxanthin (as Zeaxanthin Isomers from Marigold [Tagetes erecta] Flower Extract)	400 mcg
Astaxanthin (from Haematococcus pluvialis)	50 mcg
Vanadium (as Sodium Metavanadate)	10 mcg

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Corn Starch, Stearic Acid Vegetable Source, Polyvinyl Alcohol, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Talc, Caramel Color, Natural Vanilla Mint Flavor, Steviol Glycosides.

CONTAINS: Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains bioengineered food ingredients.