

 Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Adrenal Assist™ provides key nutrients and botanicals to support adrenal response to stress and support the ability to adapt to stressors and restore balance.*

Suggested Use: Three (3) capsules daily.
Also suitable for men.

Avoid with immunosuppressive medications, a history of hormone sensitive cancer, and during pregnancy and lactation. Caution with autoimmune disorder, insomnia, bi-polar, thyroid medications or sedative medications.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, starch, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size



 VITANICA® 



ADRENAL ASSIST™

ADRENAL SUPPORT*

FORMULATED BY DR. TORI HUDSON
Dietary Supplement
90 Vegetarian Capsules

Supplement Facts

Serving Size 3 Capsules, 30 Servings per Container

Amount per Serving	% Daily Value	
Vitamin C, buffered (as calcium ascorbate)	500 mg	832
Vitamin B5 (as calcium pantothenate)	100 mg	1000
Magnesium (citrate, malate)	100 mg	25
Vitamin B6 (as pyridoxal-5-phosphate)	50 mg	2500
Zinc (as picolinate)	10 mg	67
Rhodiola rosea root extract	200 mg	†
Astragalus root ~ Astragalus membranaceus	150 mg	†
Maca root ~ Lepidium meyenii	125 mg	†
Ashwagandha root extract		
~ Withania somnifera	100 mg	†
Holy basil leaf extract ~ Ocimum sanctum	100 mg	†
Panax ginseng root extract ~ Panax spp	100 mg	†
Schizandra berry ~ Schisandra chinensis	75 mg	†
Eleutherooccus senticosus extract (70:1)	50 mg	†

† Daily Value not established

Other ingredients: vegetarian capsule (cellulose and water).

Adrenal Assist™ is suitable for vegetarians and vegans.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.