

DIRECTIONS | As a dietary supplement, for maximum results, take 3 capsules (1 serving) by mouth with your two highest carbohydrate meals of the day. Core GDA should not be taken in the absence of carbohydrates.

WARNING | Not intended for persons under the age of 18. Do not use if pregnant or nursing. Consult a health care professional prior to consuming if you have any pre-existing medical conditions including but not limited to: diabetes, high or low blood pressure, heart, liver or kidney disease, cardiac arrhythmia, stroke or are taking any prescription medications.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry place away from sunlight & with lid securely tightened.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CALIFORNIA'S PROPOSITION 65 WARNING

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to:

www.P65Warnings.ca.gov/food

MANUFACTURER'S LIMITED WARRANTY

5PERCENTNUTRITION.COM/WARRANTY



LBL4833.00



5% CORE

GDA

GLUCOSE UTILIZATION AGENT[†] • CARB CATALYST[†]

90 CAPSULES DIETARY SUPPLEMENT



500MG BERBERINE HCl PER SERVING

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV*
Chromium (as chromium chloride)	400 mg	1143%
Berberine Hydrochloride (<i>Berberis aristata</i>)(root, stem & bark)	500 mg	**
Gymnema Sylvestre Extract 4:1 (leaves)	350 mg	**
Organic Ceylon Cinnamon Bark Powder (<i>Cinnamomum verum</i>)	300 mg	**
Banaba Extract (<i>Lagerstroemia speciosa</i>) (leaves)	250 mg	**
Alpha Lipoic Acid	200 mg	**
Vanadium (as Vanadyl sulfate)	10 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established

Other Ingredients: Gelatin Capsule, Rice Powder, Magnesium Stearate, Microcrystalline Cellulose

This product was produced in a facility that may also process ingredients containing milk, egg, soy, shellfish, fish, tree nuts, wheat, peanuts & sesame.

Exclusively Developed & Manufactured for:

Largo, FL 33777
727-202-9088

