



"Your Future Health is Our Primary Concern."

Primary Nutrition

Chelated Multi-Minerals with Vitamins
DIETARY SUPPLEMENT

120 CAPSULES



Supplement Facts

Serving Size: 4 Capsules / Servings Per Container: 30

	Amount Per Serving	% Daily Value For Adults
Vitamin A (as retinyl palmitate and beta carotene (d-saliva))	5,000 IU	50% 100%
Vitamin C (ascorbic acid)	60 mg.	100%
Calcium (as buffered amino acid chelate)	500 mg.	50%
Iron (as amino acid chelate)	18 mg.	100%
Vitamin D3 (cholecalciferol)	400 IU	100%
Vitamin E (d-alpha tocopherol succinate)	30 IU	100%
Thiamin (Vitamin B1)	3 mg.	200%
Riboflavin (Vitamin B2)	3.4 mg.	200%
Niacin	40 mg.	200%
Vitamin B6 (as pyridoxine HCl)	4 mg.	200%
Folic Acid	400 mcg.	100%
Vitamin B12 (cyanocobalamin)	12 mcg.	200%
Biotin	300 mcg.	100%
Pantothenic Acid (calcium d-pantothenate)	10 mg.	100%

	Amount Per Serving	% Daily Value For Adults
Phosphorus (as di-calcium and tri-calcium phosphate)	216 mg.	22%
Iodine (as potassium iodide)	85 mcg.	56%
Magnesium (as buffered amino acid chelate)	150 mg.	38%
Zinc (as amino acid chelate)	15 mg.	100%
Selenium (as amino acid complex)	70 mcg.	100%
Copper (as amino acid chelate)	3 mg.	150%
Manganese (as amino acid chelate)	6.4 mg.	320%
Chromium (as amino acid chelate)	120 mcg.	100%
Molybdenum (as amino acid complex)	75 mcg.	100%
Potassium (as amino acid complex)	99 mg.	3%
Vanadium (as amino acid chelate)	10 mcg.	^A
Boron (as amino acid complex)	3 mg.	^A
Choline (as bitartrate)	30 mg.	^A

^A Daily Value Not Established

Other Ingredients: Gelatin, magnesium stearate, stearic acid, maltodextrin and microcrystalline cellulose.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.
KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

Typical Use: Take 4 capsules daily or as directed by a health professional.

^{**}Mineral amino acid chelates and complexes manufactured by Albion Laboratories, Inc. Chelate covered by Albion Laboratories, Inc. U.S. Patents 5,614,553 and 5,516,925 and patents pending. The Albion medallion is a registered trademark of Albion Laboratories, Inc.

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