

ZERO
SUGAR



LIQUID IRON
HIGH BIOAVAILABILITY

Gentle Formula

18 mg iron per serving
32 Servings | Just 1 Tbsp Daily



16 FL OZ (1 PT) (480 mL) - DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablespoon (Tbsp) (15 mL / 1/2 fl. oz.)
Servings per Container 32

Amount per Serving		% DV†
Calories	10	
Total Carbohydrate	2 g	1%†
Total Sugars	0 g	**
Includes 0 g Added Sugars		0%†
Sugar Alcohol	2 g	**
Iron (as ferric glycinate)	18 mg	100%

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, sorbitol, erythritol, natural flavors, malic acid, xanthan gum, potassium benzoate (preservative to maintain freshness), stevia (leaf) extract, disodium EDTA

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-962-8873 / naturesway.com



RECOMMENDATION: Shake well before each use. Adults take 1 tablespoon (Tbsp) (15 mL / 1/2 fluid ounce) daily either directly or mixed into water or juice. Do not exceed recommended dose. To optimize iron absorption, take this product at least 2 hours before or after taking calcium or dairy products.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-deterrent cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Bioavailable Liquid Iron

Provides 100% Daily Value per 1-tablespoon serving

- Helps replenish iron stores and reduce fatigue for those with low iron**
- Glycinate form of iron is gentle on your system
- Fast-absorbing, berry flavored liquid

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†1 in 6 US adult premenopausal women (ages 20-49y) is deficient in iron.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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