



Supports digestive balance and immune health with clinically studied probiotic strains *B. lactis* Bi-07[®] and *B. lactis* BL-04[™]**



Reduces occasional constipation, gas, and digestive discomfort*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Keep refrigerated to maintain maximum potency.



HOWARU[®] is a registered trademark of IFF and is used under license. HN019[®] and HN001[®] are trademarks of the Fonterra Group of companies used under license. The probiotic strains contained in this product are manufactured by IFF.



◆ LH15785.D01 B712410D

GLUTEN FREE. No soy, dairy, or artificial colors.

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Green Bay, WI 54311 USA • Bottled and tested in the USA
Questions? 1-800-962-8873 / fortityprobiotics.com



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

90BILLION
LIVE CULTURES

Nature's
way

Optima[®]
PROBIOTIC

ULTRA POTENCY

Fortify[®]

50+
ADVANCED CARE
PROBIOTIC FOR
COLON
HEALTH*

30 PROBIOTIC SUPPLEMENT
DELAYED-RELEASE CAPSULES

Adults 50+ Advanced Care Formula with 90 Billion Live Cultures and 15 Diverse Probiotic Strains

Guaranteed Potency

Targeted delivery



Guarantees 90 billion live probiotic cultures through the date of expiration



Formulated with 15 diverse probiotic strains



Plant-derived, delayed-release capsule survives stomach acid to distribute live cultures where they're needed most – in the intestine and colon



With a plant-based probiotic fiber blend, food for good bacteria*

Explore more products at NATURESWAY.COM

**Based on an IOVIA ProVoice survey of Primary Care Physicians. HOWARU[®] *B. lactis* HN019[®] is the Doctor-preferred probiotic strain for Regularity as compared to other strains in leading Probiotic brands. 52-week sales MULO, ending 8/13/23; August 2023.*

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Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Keep refrigerated to maintain maximum potency.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving % DV**

Fortify[®] Optima[®] Age 50+ 90 Billion CFU Proprietary Probiotic Blend: 550 mg**

Bifidobacteria Blend (57 Billion CFU):

Bifidobacterium lactis Bi-07[®]; *B. lactis* BL-04[™]; HOWARU[®]

B. lactis HN019[®]; *B. bifidum*/lactis Bb-02[™]; *B. infantis* Bi-26[™];

B. lactis DSM 19554; *B. bifidum* Bb-06[™]; *B. breve* Bb-18[™]

Lactobacilli/Streptococcus Blend (33 Billion CFU):

Lactobacillus acidophilus La-14[™]; *L. plantarum* Lp-115[™]; HOWARU[®]

L. rhamnosus HN001[®]; HOWARU[®] *L. acidophilus* NCFM[™]; *L. paracasei*

Lpc-37[™]; *L. rhamnosus* GG; *Streptococcus thermophilus* St-21[™]

Proprietary Plant-Based Probiotic Blend: 75 mg**

Gum Acacia Fiber, Chicory (root) Fiber

**Daily Value (DV) not established.

Other ingredients: potato maltodextrin, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica



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LHNT5785.D01

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LIVE CULTURES

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PROBIOTIC
15 DIVERSE PROBIOTIC STRAINS

ULTRA POTENCY

Fortify[®]

50+
ADVANCED CARE
PROBIOTIC FOR
COLON
HEALTH*



WITH
PLANT-
BASED
PROBIOTIC
FIBER



CONTAINS THE
DOCTOR-
PREFERRED
PROBIOTIC
FOR REGULARITY*

PLUS
Supports Digestive
Balance & Immune Health*

PROBIOTIC SUPPLEMENT
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Bifidobacterium lactis BL-04[™]

HOWARU[®] *Bifidobacterium lactis* HN019[®]

Bifidobacterium bifidum lactis Bb-02[™]

Bifidobacterium infantis Bi-26[™]

Bifidobacterium lactis DSM 19554

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Lactobacillus plantarum Lp-115[™]

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HOWARU[®] *Lactobacillus acidophilus* NCFM[™]

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Lactobacillus rhamnosus GG

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