

Balances Estrogen Metabolism in Women and Men*

Promotes a beneficial ratio of estrogens*



Helps support premenstrual breast comfort*



Supports prostate function*

New Capsule Look

NO ARTIFICIAL COLORS



BEFORE AFTER

NOT ACTUAL SIZE

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Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

The DIM-plus™ Difference

Superior bioavailability†



With clinically studied Indoplex® BR-DIM® Complex, a delivery system for diindolylmethane



Enhanced absorption delivers a consistent dose of DIM



With Protectamins®, a plant-based blend of spinach, cabbage, and broccoli

†Compared to regular DIM



NEW & IMPROVED CAPSULES
No artificial colors
NOT ACTUAL SIZE



Nature's Way

DIM-plus™ Diindolylmethane

Supports Balanced Estrogen Metabolism*



ENHANCED ABSORPTION

120 VEGAN CAPSULES | DIETARY SUPPLEMENT

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Recommendation: Women take 2 capsules daily with food. Men take 2 capsules twice daily with food.
For intensive use: Women take 2 capsules twice daily with food. Men take 2 capsules four times daily with food. Not formulated for children under 18 years of age. Take only as directed. Do not exceed recommended dose.

Warning: Do not use if you are pregnant, nursing, or attempting to become pregnant. If you have a hormone-sensitive condition, medical condition, or if you are taking any medications, consult a healthcare professional before use. A harmless but noticeable change in urine color may occur during use of this product.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 60

Amount per Serving	% DV**
Indoplex® Diindolylmethane (BR-DIM®) Complex	100 mg**
Protectamins® Vegetable Blend: Spinach, Broccoli, Cabbage	100 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), modified food starch, tocopherol, phosphatidylcholine, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No salt, wheat, dairy, gelatin, or artificial colors or flavors.

Indoplex® and BR-DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, LLC., Boulder, CO.