

# Balances Estrogen Metabolism in Women and Men\*

Promotes a beneficial ratio of estrogens\*



Helps support premenstrual breast comfort\*



Supports prostate function\*

## New Capsule Look

NO ARTIFICIAL COLORS



BEFORE AFTER

NOT ACTUAL SIZE

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Green Bay, WI 54311 USA  
Bottled and tested in the USA

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\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

# The DIM-plus™ Difference

Superior bioavailability†



With clinically studied Indoplex® BR-DIM® Complex, a delivery system for diindolylmethane



Enhanced absorption delivers a consistent dose of DIM



With Protectamins®, a plant-based blend of spinach, cabbage, and broccoli

†Compared to regular DIM



NEW & IMPROVED CAPSULES

No artificial colors  
NOT ACTUAL SIZE

Nature's Way

# DIM-plus™ Diindolylmethane

Supports Balanced Estrogen Metabolism\*



ENHANCED ABSORPTION

**60** VEGAN CAPSULES | DIETARY SUPPLEMENT

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**Recommendation:** Women take 2 capsules daily with food. Men take 2 capsules twice daily with food. **For intensive use:** Women take 2 capsules twice daily with food. Men take 2 capsules four times daily with food. Not formulated for children under 18 years of age. Take only as directed. Do not exceed recommended dose.

**Warning:** Do not use if you are pregnant, nursing, or attempting to become pregnant. If you have a hormone-sensitive condition, medical condition, or if you are taking any medications, consult a healthcare professional before use. A harmless but noticeable change in urine color may occur during use of this product.

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 30

Amount per Serving	% DV**
Indoplex® Diindolylmethane (BR-DIM®) Complex	100 mg**
Protectamins® Vegetable Blend: Spinach, Broccoli, Cabbage	100 mg**

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), modified food starch, tocophersolan, phosphatidylcholine, silica

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**GLUTEN FREE.** No salt, wheat, dairy, gelatin, or artificial colors or flavors.

Indoplex® and BR-DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, LLC., Boulder, CO.