

OVER 50 YEARS OF EXPERTISE

Nature Made.

kids first.

Multi with Omega-3

**30 mg EPA & DHA
Per Serving**

70 GUMMIES
Dietary Supplement

Strawberry, Lemon & Orange
with other natural flavors



SUGGESTED USE: Children ages 4-13 years:

Supplement Facts

Serving Size 1 Gummy

Amount Per Serving	% Daily Value For Children 4 Years and Over
Calories 15	
Total Carbohydrate 3 g	1%**
Total Sugars 2 g	*
Includes 2 g Added Sugars	4%**
Vitamin A (as Retinyl Acetate) 375 mcg	42%
Vitamin C (as Ascorbic Acid) 25 mg	28%
Vitamin D3 (as Cholecalciferol) 25 mcg (1000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 4.5 mg	30%
Niacin (as Niacinamide) 10 mg	63%
Vitamin B6 (as Pyridoxine Hydrochloride) 0.9 mg	53%
Folate 200 mcg DFE (120 mcg Folic Acid)	50%
Vitamin B12 (as Cyanocobalamin) 3 mcg	125%
Zinc (as Zinc Citrate) 1.9 mg	17%
Sodium 5 mg	< 1%
Fish Oil 113.5 mg	*
Total EPA & DHA 30 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 25 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 5 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Chew 1 gummy daily. **Children ages 14-18 years:** Chew 1 gummy twice daily.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

CAUTION: Take only as directed. Do not exceed suggested use unless recommended by a physician. Not recommended for children under 4 years of age due to choking hazard.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Citric Acid, Pectin, Natural Flavors, Lactic Acid, Calcium Lactate, Colors Added (Including Carmine), Tocopherols.

DISTRIBUTED BY:
Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878

www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Lot:
Exp.: