

Get the Most From Your Multi

Gelatin-free gummies with 15 vitamins and minerals



Full B-vitamin complex helps convert food to fuel*



Supports brain, eye, and heart health*



Provides daily immune support*

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

©2023 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE / [naturesway.com](https://www.naturesway.com)

◆ LH15902.E02 BLK8798E



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
way

Alive!

MEN'S 50+
MULTIVITAMIN GUMMY

**Supports Healthy Brain,
Eyes & Heart***

Orchard Fruits™ & Garden Veggies™
Powder Blend (100 mg per 2 gummies)

WITH
**PLANT-
BASED
PECTIN**

Fruit
Flavored

60 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Men chew 2 gummies daily. Not formulated for women or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 30

Amount per Serving % DV†

Calories	25	
Total Carbohydrate	6 g	2%†
Total Sugars	4 g	**
Includes 4 g Added Sugars	8%†	
Vitamin A (as retinyl palmitate)	900 mcg	100%
Vitamin C (ascorbic acid)	90 mg	100%
Vitamin D3 (as cholecalciferol)	20 mcg	100%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Thiamin (as thiamin HCl)	0.3 mg	25%
Riboflavin	0.325 mg	25%
Niacin (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine HCl)	3.4 mg	200%
Folate (240 mcg Folic Acid)	400 mcg DFE	100%
Vitamin B12 (as cyanocobalamin)	7.2 mcg	300%
Biotin	30 mcg	100%

Amount per Serving % DV†

Pantothenic Acid (as D-calcium pantothenate)	5 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	3.6 mg	33%
Selenium (as sodium selenate)	110 mcg	200%
Sodium	20 mg	1%
Orchard Fruits™ & Garden Veggies™ Powder Blend:	100 mg	**
Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açaí, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach		

Lycopene	500 mcg	**
Lutein (from Aztec Marigold [flower] Extract)	300 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, citric acid, natural flavors, sodium citrate, vegetable and fruit juice color, coconut oil, carnauba wax