

Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

FREE FROM wheat, dairy, gelatin, and artificial colors.

Aquamim[®] is a registered trademark of Marigot Limited.



BOTTLE MADE FROM 50% POST-CONSUMER RECYCLED PLASTIC

◆ LH15839.C01 BLK8768C

©2023 Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's way

Alive!

BONE SUPPORT*

Calcium Max Absorption

1,200 mg Plant Source Calcium per 4-Tablet Serving

With Vitamin D3, Vitamin K2, Magnesium

Orchard Fruits[™] & Garden Veggies[™] Powder Blend (100 mg per 4-tablet serving)

120 TABLETS - DIETARY SUPPLEMENT

Recommendation: Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose.

Supplement Facts

Serving Size 4 Tablets / Servings per Container 30

Amount per Serving	% DV [†]
Calories	10
Total Carbohydrate	2 g 1% [†]
Vitamin D3 (as cholecalciferol)	100 mcg 500% [†]
Calcium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant))	1,200 mg 92% [†]
Magnesium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant) and as magnesium citrate, oxide)	264 mg 63% [†]
Sodium	30 mg 1% [†]

Amount per Serving	% DV [†]
Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg **
Orchard Fruits [™] & Garden Veggies [™] Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açaí, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Strontium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant))	8 mg **
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	150 mcg **

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin

Contains soy.

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.



0 433674 15839 5

LH15839.C01 BLK8768C

Plant Source Calcium

Easy to digest and utilize

Adequate calcium and vitamin D3 throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Bioavailable Aquamin[®] calcium is derived from sustainably sourced calcified red algae seaweed.

FREE FROM wheat, dairy, gelatin, and artificial colors.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Aquamim[®] is a registered trademark of Marigot Limited.

©2023 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-962-8873 / naturesway.com



Supports Healthy Bones*

With 1,200 mg plant source calcium per 4-tablet serving



Vitamin D3 enhances calcium absorption and utilization*



Magnesium helps maintain bone density*



Vitamin K2 directs calcium to bones where it's needed most*



With 100 mg Orchard Fruits[™] & Garden Veggies[™] Powder Blend per 4-tablet serving

Explore more products at NATURESWAY.COM

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's way

Alive!

BONE SUPPORT*

Calcium Max Absorption

1,200 mg Plant Source Calcium per 4-Tablet Serving

With Vitamin D3, Vitamin K2, Magnesium

Orchard Fruits[™] & Garden Veggies[™] Powder Blend (100 mg per 4-tablet serving)

120 TABLETS - DIETARY SUPPLEMENT

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Adults take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, kidney disorder, hypercalcemia, hypercalciuria, or are taking any medications, consult a healthcare professional before use. Do not take with other vitamin D containing supplements.

Supplement Facts

Serving Size 4 Tablets / Servings per Container 30

Amount per Serving	% DV [†]
Calories	10
Total Carbohydrate	2 g 1% [†]
Vitamin D3 (as cholecalciferol)	100 mcg 500% [†]
Calcium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant))	1,200 mg 92% [†]
Magnesium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant) and as magnesium citrate, oxide)	264 mg 63% [†]
Sodium	30 mg 1% [†]
Greens Blend: Organic Kale (leaf), Organic Collard Greens (leaf), Organic Spinach (leaf)	100 mg **
Orchard Fruits [™] & Garden Veggies [™] Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açaí, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Strontium (from Aquamin [®] calcified mineral source Red Algae <i>Lithothamnion</i> sp. (whole plant))	8 mg **
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	150 mcg **

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, stearic acid, citric acid, sodium croscarmellose, sodium bicarbonate, hypromellose, silica, glycerin
Contains soy.