CAUTION: PUMP FUEL* INSANITY IS A STRONG ALL-IN-ONE PRE-WORKOUT FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

SUPPORT FOR: Strong nitric oxide boost for intense muscle pumps, maximum power output, insane energy and focus, enhanced endurance, guicker muscle recovery, and extreme performance* **FUEL UP!**

SUGGESTED USE: PUMP FUEL* INSANITY IS A HIGH-STIMULANT FORMULA! Mix 1 scopp of Pump Fuel* INSANITY with 16 fl. oz. – 20 fl. oz. of cold water (adjust to desired taste) and consume 30 – 45 minutes prior to workout. FOR BEST RESULTS take Pump Fuel* INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (1 Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. WARNING for California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. Do not use if tamper resistant seal is broken. STORE IN A COOL, DRY PLACE, AVOID EXCESSIVE HEAT.

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on prndsports.com. For an approved list of retailers, go to

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



ALL-IN-ONE HIGH OCTANE PRE-WORKOUT



IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!*

PUMP FUEL* INSANITY ULTRA is the 5th generation of our wildly popular PUMP FUEL* pre-workout supplement. Since 2005 FUMP FUEL* has been fueling workouts all across the country, and taking results above and beyond expectations. It is beyond comprehension how hard PUMP FUEL* INSANITY intst*

This ULTRA version of PUMP FUEL* INSANITY increases the focus on the product's PUMP-benefit. With 30 power-packed servings per container, each scopp of PUMP FUEL* INSANITY contains the CLINICALLY STUDIED and TRUTH-IN-LABELED ingredients needed to provide a truly unrivaled experience in the gyml 50 what are you waiting for? FUEL UP! Take your workouts to the next level with MAXIMUM ENERGY and the HIGH PERFORMANCE-BASED INGREDIENTS necessary to provide you with the ULTRA WORKOUT EXPERIENCE!*

For those looking for a lighter stimulant level, consider PUMP FUEL® Original or PUMP FUEL® Caffeine Free.

NO GLUTEN NO LACTOSE NO PRESERVATIVES NO ASPARTAME

Supplement Facts

Serving Size 1 Scoop (31 g) Servings Per Container 30

Amour	t Per Serving	%DV**
Calories	50	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	12 g	4%
Dietary Fiber	0 g	0%
Sugars	0 g	0%
Protein	0 g	0%
Vitamin C (as Ascorbic Acid)	125 mg	139%
Chromium (as Chromium Picolinate	e) 125 mcg	357%
Magnesium (as Magnesium Creatine Chelate)	121 mg	29%
Sodium	20 mg	1%
Potassium (as Potassium Citrate)	114 mg	2%

RAPID ATP™ Blend	3,000 mg (3.0 g)	-
Creatine (Kre-Alkalyn®),	1,500 mg	
Magnesium Creatine Chelate	1,500 mg	
(Creatine MagnaPower®)	-	
NITRO PUMP™ XTREME Blend	6,500 mg (6.5 g)	-
Citrulline Malate	6,000 mg	
Arginine Silicate Inositol (Nitrosigine®)	500 mg	
BETA pH™ Blend	5,700 mg (5.7 g)	-
Beta-Alanine	3,200 mg	

NO YEAST

29.039 mg (29.0 g)

AMINO ENERGY FOCUS UPTAKE Blend 1,354 mg (1.4 g)
Amino Complex:

Taurine, L-Glutamine AKG, N-Acetyl-L-Glutamine, L-Glutamine,

L-Isoleucine, L-Leucine, L-Valin

Betaine Anhydrous

■ PUMP FUEL® INSANITY v.5 Blend

Insane Energy Focus Complex:

Caffeine Anhydrous (325 mg), Yohimbe Bark Extract, L-Carnitine L-Tartrate, Phosphatidyl Serine, L-Tyrosine,

Huperzine A 1% (Toothed Clubmoss)(100mcg)

GLYCO|LOAD|ABSORPTION Blend 12,485 mg (12.5 g)

Dextrin Complex: Maltodextrin, Dextrin, Waxy Maize, Glycerol

Insul|Load™ Complex: Alpha Lipoic Acid, Chromium Picolinate

**Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.

4111g 2%

Other Ingredients: Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, Calcium Carbonate, FD&C Red 40 Lake, FD&C Red 40.

Contains Soy. Manufactured in a facility that also processes egg, wheat, milk, tree nuts, peanut, fish and shellfish products.

Kre-Alkalyn* is protected by US Patent #6,399,661 and is a registered trademark of All American Pharmaceutical.
Creatine MagnaPower* is a registered trademark of Albion Laboratories, Inc. covered by U.S. patent 6,114,379.
Nitrosigine* and the logo are registered trademarks of Nutrition 21, LLC, and is patent protected.
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