## AMPLIFY® XL IS A DELICIOUS PROTEIN BLEND THAT CAN BE USED EVERY DAY AND BY EVERY BODY!

SUPPORT FOR: Greater increases in muscle strength, mass, energy, toning, recovery and

**DESCRIPTION**: Amplify® XL offers a premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Delayed release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and delayed-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains."

## HYDRO GREENS BLEND

Amplify XL is fortified with a seeds and greens health blend to support additional benefits. Coconut helps provide electrolytes and supports rehydration post-workout.\*



The protein sources found in Amplify XL rank highest on the biological value scale. Amplify XL comes with a PURE PROTEIN GUARANTEE (No Amino Spiking), so you can be confident you are using the highest quality protein in every scoop."



**HYDRO GREENS** 

SUGGESTED USE: Mix 1 heaping scoop of AMPLIFY® XL to 8 fl. oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.\* If extra thickness is désired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle Additionally, protein powder can experience small fluctuations in density leading to very slight variations in scoop serving size. To be used as part of a physical conditioning program.

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. STORE IN A COOL,

DRY PLACE, AVOID EXCESSIVE HEAT.

**CONSUMER NOTICE**: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com

### CALIFORNIA RESIDENTS

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





PROFESSIONAL MUSCULAR DEVELOPMENT



**5**g **GLUTAMINE** 



PROMAX DIGESTIVE BLEND

CINNAMON TOAST

5.4g BCAAS

DIETARY SUPPLEMENT | 24 SERVINGS | NET WT 2 LBS (912 G)

## **ALL-IN-ONE PREMIUM PROTEIN BLEND FORMULATED FOR RESULTS**

COMPLETE PROTEIN FOR ENHANCED ABSORPTION, LEAN MUSCLE AND RECOVERY\*

Amino Acids

(Approx. Values)

BCAA + INITIISION

**GREENS HEALTH** 

**ENZYMES** 

**GLUTAMINE** 

BCAAS

25 g

# Supplement Facts Serving Size 1 Scoop (38 g)

Servings Per Container 24 Servings							
Amount Pe	%DV	Amount Per Serving					
Calories	140		Premium Protein Blend	25 g			
Total Fat	3 g	4%**	Quick Release Blend				
Saturated Fat	1.5 g	8%**	Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate <b>Delayed Release Blend</b> Egg Protein				
Cholesterol	75 mg	25%					
Total Carbohydrate	6 g	2%**					
Dietary Fiber	2 g	7%**					
Total Sugars <sup>††</sup>	2 g	†					
Protein	25 g	50%**	Hydro Greens Blend	1,250 mg (1.25 g)			
Vitamin A (as Retinyl Palmitate) 15	0 mcg RAE	17%	Seed Health Blend	1,000 mg (1.0 g)			
Vitamin C (Ascorbic Acid)	15 mg	17%	Flax Seed Powder, Chia (Savia hispanica) Seed Powder				
Vitamin E (as DL-Alpha Tocopheryl Acetate)	6.75 mg	45%	Greens Health Blend	250 mg			
Thiamine (as Thiamine HCI)	0.15 mg	13%	Coconut (Cocos nucifera) Water Powder, Blue Green Algae (Spirulina sp.) Whole Plant, Chlorella pyrenoidosa Whole Plant Powder, Wheat Grass (Triticum aestivum) Aerial Powder (Gluten Fre Maca (Lepidium meyenii) Root				
Riboflavin	0.17 mg	13%					
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%					
Vitamin B6 (as Pyridoxine HCI)	0.2 mg	12%					
Folate 6	6 mcg DFE	17%					
(40 mcg	Folic Acid)		Promax™ Digestive Enzyme Ble	end 300 mg			
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%	Lipase, Protease, Amylase, Bromelain (Anana comosus)				
Pantothenic Acid (as Calcium D-Pantothenate)	1 mg	20%	Stem Extract, Cellulase				
Calcium	170 mg	13%	** Percent Daily Values (DV) based on a 2,000 calorie diet. † Daily Value (DV) not established.				
Iron	0.3 mg	2%					
Sodium	140 mg	6%					
Potassium	180 mg	4%					

			RCAA + INFUSION	
			L-Glutamine <sup>△</sup>	5
	Amount Per Serving	%DV	L-Leucine	2.5
mium Protein Blend	25 g	+	L-Isoleucine	1.5
ick Release Blend	•	-	L-Valine	1.4
ley Protein Concentrate, ley Protein Isolate, ley Protein Hydrolysate			L-Tryptophan L-Lysine L-Threonine	572 m 2.10 1.72
<b>layed Release Blend</b> g Protein			L-Phenylalanine L-Methionine	835 m 620 m
dro Greens Blend	1,250 mg (1.25 g)	+	L-Histidine L-Tyrosine	453 m 739 m
ed Health Blend x Seed Powder, Chia ( <i>Savi</i>	1,000 mg (1.0 g) a hispanica) Seed Powder	t	L-Arginine L-Glycine	572 m 453 m
eens Health Blend	250 mg	+	L-Aspartic Acid	3.29
conut (Cocos nucifera) Water Powder, e Green Algae (Spirulina sp.) Whole Plant, lorella pyrenoidosa Whole Plant Powder, eat Grass (Triticum aestivum) Aerial Powder (Gluten Free),			L-Alanine L-Proline L-Serine L-Cystine	1.22 1.46 1.22 716 m
ca (Lepidium meyenii) Roc			△Denotes naturally o	
max™ Digestive Enzym	e Blend 300 mg	†	and added free form	amino

††Indicates naturally occuring sugar derived from whey protein blend sources.

Other Ingredients: Fibersol® -2 (Soluble Corn Fiber), Natural Flavors, L-Glutamine, Xanthan Gum, Sodium Carboxymethyl Cellulose, Ground Cinnamon, Soy Lecithin (Emulsifier), Salt, Sucralose, Acesulfame Potassium, Dicalcium Phosphate. CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut), Wheat Products. FREE OF: Added Sugar, Aspartame, Gluten, Trans Fats, Soy Protein, Yeast, Preservatives, Artificial Colors. Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:

