

SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

The recommended dose of this product contains as much caffeine as about 1 cup of coffee. Do not consume more than 400 mg of caffeine from any source in a 24 hour period.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**

Manufactured for: **nutricost**
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NTC.05.24



nutricost®

Energy Complex

**FORMULATED WITH GUARANA,
GOTU KOLA & YERBA MATE**



**100MG CAFFEINE
PER SERVING**

120 CAPSULES
DIETARY SUPPLEMENT

120
SERVINGS

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving	% DV*
Yerba Mate Powder (<i>Ilex paraguariensis</i>)(leaf)	250mg *
Black Tea Extract (50% Caffeine) (<i>Camellia sinensis</i>)(leaf)	100mg *
Guarana Seed Extract (47% Caffeine) (<i>Paullinia cupana</i>)(seed)	50mg *
Gotu Kola Extract (<i>Centella asiatica</i>)(leaf)	50mg *
Natural Caffeine (98% Caffeine) (<i>Camellia sinensis</i>)(leaf)	25mg *

* Daily Value not established

Other ingredients: Hypromellose (cellulose) capsule, magnesium stearate (vegetable source), silica.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.