

Supports Energy Metabolism*

With 100 mg thiamin (vitamin B1) per serving

- Helps convert food to fuel*
- Essential coenzyme involved in carbohydrate metabolism*
- Made with the quality you trust

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Green Bay, WI 54311 USA
Bottled and tested in the USA
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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

◆ LH40411.01 BLK8382



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's
Way

VITAMIN B1

HIGH POTENCY THIAMIN HCl

Supports Energy
Metabolism*

100 MG
PER SERVING

100 CAPSULES - DIETARY SUPPLEMENT

Recommendation: Adults take 1 capsule daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**	
Thiamin (as thiamin HCl)	100 mg	8,333%

**Daily Value (DV).

Other ingredients: cellulose, gelatin (capsule), magnesium stearate

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, corn, soy, dairy, or artificial colors or flavors.