Promotes a Positive Mood* Helps support a brighter outlook*

- . Botanicals are sourced where they grow best
- . Made with the quality you trust

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Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, corn, soy, dairy, gelatin, or artificial colors or flavors.

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Nature's wau ST. JOHN'S WORT PREMIUM EXTRACT Promotes a Positive Mood*

> 300 mg Extract per serving





90 VEGAN CAPSULES-DIETARY SUPPLEMENT

Recommendation: Adults take 1 capsule two to three times daily, preferably with food. Best results obtained with continuous use.

Warning: Do not use if you are pregnant or nursing. St. John's Wort has the potential to interact with many prescription drugs, including oral contraceptives and antidepressants. If you are taking any medications or planning surgery, consult a healthcare professional before use. Avoid excessive exposure to UV radiation (e.g. sunlight or tanning) while using this product.

Supplement Facts

Serving Size 1 Capsule

% DV**

Amount per Serving St. John's Wort (stem, leaf, flower) Extract 300 ma**

standardized to 0.15% dianthrones measured as hypericin and pseudo-

hypericin (0.45 mg) Rosemary (leaf)

Spirulina

80 mg** 40 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate