

DIM-plus™ Benefits

DIM-plus contains diindolylmethane, a phytonutrient found in cruciferous vegetables including broccoli, Brussels sprouts, cabbage, cauliflower, and kale.

Diindolylmethane has unique benefits that support the activity of enzymes that improve estrogen metabolism.*

Research shows diindolylmethane increases the level of "favorable" estrogens (2-hydroxyestrogen) while reducing the level of "less favorable" estrogens (16-hydroxyestrogen).*



Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

DIM-plus™ Difference

Contains Indoplex® BR-DIM® Complex – an enhanced bioavailability delivery system for diindolylmethane.

Enhanced Absorption

The bioavailability of DIM-plus is superior to regular diindolylmethane and its unstable precursor, indole-3-carbinol (I3C). With DIM-plus you are assured a stabilized and consistent dose of diindolylmethane.

Protectamins® Vegetables

DIM-plus also contains spinach, cabbage, and broccoli for additional phytonutrients.



GLUTEN FREE. No salt, wheat, dairy, or artificial flavors.

Indoplex® and BR-DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, LLC., Boulder, CO.



DIM-plus™
Diindolylmethane

**Estrogen
Metabolism***

Enhanced Absorption

60 VEGAN CAPSULES
Dietary Supplement

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RECOMMENDATION: Women take 2 capsules daily with food. Men take 2 capsules twice daily with food. **For intensive use (Women & Men):** Take up to double the recommended dose. Not formulated for children under 18 years of age. Take only as directed. Do not exceed recommended dose.

WARNING: Do not use if you are pregnant, nursing, or attempting to become pregnant. If you have a hormone-sensitive condition, medical condition, or if you are taking any medications, consult a healthcare professional before use. A harmless but noticeable change in urine color may occur during use of this product.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 30

Amount per Serving	% DV**
Indoplex® Diindolylmethane (BR-DIM®) Complex	100 mg**
Protectamins® Vegetable Blend: Spinach, Broccoli, Cabbage	100 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), modified food starch, tocopherols, phosphatidylcholine, silica

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Bottled and tested in the USA

Questions? 1-800-9NATURE / naturesway.com



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