

With the Taste and Aroma
of Fresh Coconut

Stays liquid even when
refrigerated

- For cooking, baking, or sautéing up to 350° F
- Hexane-free coconut oil with 13 g of MCTs[†] per serving
- 93% MCTs - 13 g medium chain triglycerides (caprylic, capric, and lauric acids) per serving[†]

[†]SEE NUTRITION FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT

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Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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PREMIUM LIQUID COCONUT OIL

Great For Cooking

Superior Flavor & Aroma
93% MCTs[†]

PLANT
POWERED

13 g PER 1 TABLESPOON
MEDIUM CHAIN TRIGLYCERIDES[†]



[†]SEE NUTRITION FACTS FOR TOTAL FAT AND SATURATED FAT CONTENT

10 FL OZ (300 mL) PURE OIL

Nutrition Facts

20 Servings per Container
Serving Size 1 Tablespoon (15 mL)

Amount Per Serving

Calories **130**

% Daily Value*

Total Fat	14 g	18%
Saturated Fat	14 g	70%
Trans Fat	0 g	
Polyunsaturated Fat	0 g	
Monounsaturated Fat	0 g	
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total Carbohydrate	0 g	0%
Dietary Fiber	0 g	0%
Total Sugars	0 g	
Includes 0 g Added Sugars		0%
Protein	0 g	0%
Vitamin D	0 mcg	0%
Calcium	0 mg	0%
Iron	0 mg	0%
Potassium	0 mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient: coconut oil

Contains tree nuts (coconut).

GLUTEN FREE. NO REFRIGERATION REQUIRED.

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