

Feel More Relaxed*

With clinically studied Silexan™ lavender oil



Reduces occasional nervousness*



Supports restful sleep when disrupted by stress*



Non-habit forming

Explore more products at [NATURESWAY.COM](https://www.naturesway.com)

Supplement Facts

Serving Size 1 Softgel

Amount per Serving	% DV**
Silexan™ English Lavender (Lavandula angustifolia) Flower Essential Oil	80 mg**

**Daily Value (DV) not established.

Other ingredients: canola oil, gelatin (softgel), glycerin, sorbitol, annatto extract color

Contains soy.

GLUTEN FREE. No salt, wheat, or dairy.

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Green Bay, WI 54311 USA
Product of Germany

Questions? 1-800-962-8873 /
[naturesway.com](https://www.naturesway.com)

Recommendation: Adults swallow 1 softgel once or twice daily with a full glass of water, or as recommended by a healthcare professional. Do not chew. A small number of individuals may experience mild aromatic burps, in this case, swallow softgel with a full glass of water and food.

Warning: Do not use if you are pregnant, nursing, or under 12 years of age. If you are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. This product has a tamper-evident foil pouch. Do not use if foil or plastic is punctured. Store at room temperature. Avoid excessive heat and direct sunlight.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CalmAid®

Nature's
Way

CalmAid®

Helps manage
stress & tension*



**PLANT
POWERED**

ONCE DAILY | NON-DROWSY
90 SOFTGELS - DIETARY SUPPLEMENT

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CalmAid®

Clinically Studied Lavender