

CODE 349011
Directions: As a dietary supplement, take contents of one packet daily with food. For maximum benefits, take as directed every day.
Each pack contains:

Women's Ultra Mega® without Iron

Supplement Facts

Serving Size Two Light Green Capslets	
Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Nicotinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	500 mg 50%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Superfoods Fruit & Vegetable Blend	105 mg *
Orange Peel Powder, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pomace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	
Beauty Blend	100 mg *
Green Tea Leaves Extract, alpha-Lipoic Acid, Collagen, Hyaluronic Acid (HA)	
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lycopene	950 mcg *
Lutemax 2020™ Lutein	950 mcg *
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg *
Astaxanthin	50 mcg *
Selenium (as Sodium Metylanadate)	10 mcg *
* Daily Value not established.	

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Natural Vanilla Flavor, Chlorophyll, Sucralose.

CONTAINS: Fish and Soybeans.

Heart & Eye Health

Supplement Facts

Serving Size One Softgel Capsule	
Amount Per Serving	% Daily Value
Calories	15
Calories from Fat	15
Total Fat	1.5 g 2%†
Total Fish Oil	1500 mg *
EPA (Eicosapentaenoic Acid)(Omega-3)	540 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	360 mg *
† Percent Daily Value based on a 2,000 calorie diet.	
* Daily Value not established.	

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Enteric Coating (Ethylcellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

Potency verified by GNC procedure #5123.
Conforms to USP <2091> for weight.

Brain Health

Supplement Facts

Serving Size One Capsule	
Amount Per Serving	
Ginkgo biloba Leaf Extract	120 mg*
(24% Ginkgo Flavonoglycosides = 28.8 mg) (6% Terpene Lactones = 7.2 mg)	
* Daily Value not established.	

Other Ingredients: Cellulose, Dicalcium Phosphate, Vegetable Cellulose Capsule.

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Joint Health

Supplement Facts

Serving Size One Capsule	
Amount Per Serving	
GNC Premium Joint Health Herb Blend	250 mg*
(Acacia catechu Wood & Bark Extract and Scutellaria baicalensis Root Extract)	
* Daily Value not established.	

Other Ingredients: Cellulose, Gelatin.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

Bone, Beauty and Hormone Formula

Supplement Facts

Serving Size One Softgel Capsule	
Amount Per Serving	% Daily Value
Calories	5
Calories from Fat	5
Total Fat	0.5 g 2%†
gamma-Linolenic Acid (GLA)	250 mg *
Burdock Root Extract	100 mg *
MBP*	40 mg *
† Percent Daily Value based on a 2,000 calorie diet.	
* Daily Value not established.	

Other Ingredients: Safflower Oil, Gelatin, Glycerin, Annatto Color, Titanium Dioxide (Natural Mineral Whitener).

CONTAINS: Milk.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

n-Zimes® and CereCalase®
are trademarks of National
Enzyme Company.

Antioxidant & Circulation

Supplement Facts

Serving Size One Capsule	
Amount Per Serving	
alpha-Lipoic Acid	50 mg*
Turmeric Root Extract (Curcuma longa)	50 mg*
resVida® trans-Resveratrol	30 mg*
Lutemax 2020™ Lutein	10 mg*
Zeaxanthin (as Zeaxanthin Isomers)	2.2 mg*
* Daily Value not established.	

Other Ingredients: Cellulose, Gelatin.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

Digestive Enzymes

Supplement Facts

Serving Size One Capsule	
Amount Per Serving	
n-Zimes® Proprietary Blend	145.25 mg*
Amylase 3500 DU, Protease 4.5 7500 HUT, Lipase AN 125 FIP, Glucosylase 5.5 AGU, Protease 3.0 7.5 SAPU, Bromelain 150,000 FCCPU, Protease 6.0 1000 HUT, Papain 140,000 FCCPU, Cellulase 50 CU, Malt diastase 62.5 DP	
CereCalase® Proprietary Blend	5 mg*
Hemicellulase, beta-glucanase, Phytase	
* Daily Value not established.	

Other Ingredients: Dicalcium Phosphate, Cellulose, Gelatin.

CONTAINS: Milk.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

resVida
promotes healthy aging

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Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

GNC

WOMEN'S ULTRA MEGA® Whole Body

Dietary Supplement

VITAPAK® PROGRAM

- Targets 13 critical body functions, our most complete program designed to optimize overall health and wellness*
- 37 clinically studied ingredients provide superior head-to-toe support*
- The power of 10 products in one comprehensive pack†



30 PACKS



PHYSICIAN
ENDORSED*

NEW!

AMAZING TOTAL
BODY SUPPORT!
SEE SIDE PANEL →

Women's Ultra Mega® Whole Body

GNC Women's Ultra Mega® Whole Body Vitapak® Program is the highest potency, most comprehensive and scientifically designed system that conveniently combines clinically efficacious doses of specially formulated supplements targeting 13 critical body functions.*

BRAIN

Features Ginkgo Biloba & Omega-3 Fatty Acids

SKIN

Combines Omega-3 Fatty Acids and Biotin with Clinically Studied GLA & Lutein

BREAST

Includes Vitamin D-3

DIGESTION

Contains a Complex of Digestive Enzymes

BONE

Combines Vitamin D-3 & Calcium with Clinically Proven MBP®

JOINT

With Clinically Studied Joint Health Blend

WOMEN'S WELLNESS

With GLA to Help Regulate Body Processes & Hormone Balance*

*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!
†In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.
*Featured 37 clinically studied ingredients include 31 nutrients found in Women's Ultra Mega® plus 6 additional ingredients.

†10 products in one is calculated on the count of the stand-alone products the customer would need to purchase to obtain the ingredients and blends provided in each Vitapak® Program.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

