

Premium Herbal Formulas

FLORA

Certified Organic
FloraLax™

*All Natural Fiber Formula
Flax Seed, Psyllium Husks,
& Oat Bran*

Dietary Supplement

NET WT.
7 oz. (198 g)



Premium Herbal Formulas

FLORA

Supplement Facts

Serving Size 1 tbsp. (5 g)
Servings Per Container about 39

Amount Per Serving	% Daily Value
Calories 30	Calories from fat 5
Total Fat 0.5 g	1 %*
Total Carbohydrate 4 g	1 %*
Dietary Fiber 4 g	17 %*
Protein 1 g	

A Proprietary Blend of 5 g

Defatted Flax Seed	†
Psyllium Husks	†
Oat Bran	†

*Percent Daily Values based on a 2,000 calorie diet.

†Daily Value not established

Ingredients: Organic defatted flax seed, organic
psyllium seed husks, and organic oat bran.

MANUFACTURED BY FLORA INC.,
105 E. BADGER RD. LYNDEN WA 98264
1.800.446.2110 • www.florahealth.com
98027-804
CERTIFIED ORGANIC BY QAI

LOT :

BEST BEFORE :



0 61998 68027 8

FloraLax™ provides a good source of high-quality, all-natural fiber to bring gentle relief for those experiencing occasional constipation.* Taken on a daily basis the soluble fiber in FloraLax which comes from organic flax seeds, psyllium husks, and organic oat bran helps maintain bowel regularity by absorbing water, bulking stools, and cleaning out the digestive tract.*

SUGGESTED USE: Take 1 tablespoon up to 3 times daily in at least 8 oz. of water or juice. Mix well and drink immediately. For a tasty alternative, add to yogurt or cereal, or sprinkle on soups and salads. Drink plenty of fluids. Store in a cool, dry place.

Keep out of reach of children. Sealed for your protection. Do not use if seal is broken.

CAUTION: Consult a health care practitioner prior to use if experiencing abdominal pain, nausea, vomiting, or are pregnant.

This product is sold by weight, not volume.

No additives, colorings or artificial preservatives.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.