## Relax. Restore. Unwind.

Our Goli® Ashwa Gummies are made with clinically studied KSM-66° Ashwagandha. This root-only extract helps reduce cortisol levels to promote a healthy response to everyday stress and also supports certain aspects of memory and concentration, quality of sleep and more. Ashwagandha is an ancient herb that has been used for centuries for healthy living by helping to relax, restore and unwind.

Goli® Nutrition is an inventive, people-focused nutrition company driven by the belief that happiness and wellness go hand in hand. We strive to provide innovative products, uniquely formulated with complementary ingredients all backed by science, in a delivery format that makes taking your daily supplements enjoyable!





Made in a FDA registered and cGMP certified facility in the U.S.A. Store in a cool, dry place after opening. Keep out of reach of children. Do not use if safety seal is damaged or missing. Warning: Consult a physician prior to use if pregnant or nursing, taking any medications or have any medical conditions.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.













**GUMMIES** 

DIETARY SUPPLEMENT

NUTRITION

ASHWAGANDHA

## SUGGESTED USE:

Take 2 gummies, twice daily. Chew thoroughly.

## Supplement Facts

Serving Size: 2 Gummies Serving Per Container: 30

Amount Per 2 Gummies		%DV
Calories	25	
Sodium	20 mg	<1%
Total Carbohydrate	6g	2%*
Total Sugars	4g	†
Includes 4g Added Sugars		8%*
Vitamin D2 (Ergocalciferol)	25 mcg	125%
KSM-66® Ashwagandha Root Extract	300 mg	†

\*Percent Daily Values (DV) are based on a 2000 calorie diet. † Daily Value (DV) not established

Other Ingredients: Tapioca Syrup, Cane Sugar, Water, Pectin, Natural Flavors, Malic Acid, Citric Acid, Sodium Citrate, Fruit and Vegetable Juice (Color), Sunflower Lecithin.

Does NOT contain: yeast, wheat, eggs, gluten, soy, gelatin, peanuts, shellfish, dairy, synthetic colors, agave, and salicylates.













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