

DIRECTIONS: Take 1 tablet 30 minutes before bedtime as a dietary supplement or as directed by a healthcare professional.



KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM: 390NL



Melatonin

3mg

AWAKE REFRESHED[†]
SUPPORTS RESTFUL SLEEP[†]

100 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Calcium (as dicalcium phosphate)	70 mg	5%
Melatonin	3 mg	*

*Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, silica, magnesium stearate, croscarmellose sodium

Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or nursing women, those with a medical condition and those taking medication. Do not drive or operate machinery when taking melatonin.

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 **WINDMILL.** windmillvitamins.com

NO | SUGAR, WHEAT, SOY, MILK,
ARTIFICIAL COLORS,
FLAVORS OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN