

DIRECTIONS: Take 2 capsules daily with food as a dietary supplement or as directed by a healthcare professional.



KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM: 325NL



Magnesium Glycinate

200mg Buffered Magnesium

HIGH BIOAVAILABILITY†
MUSCLE, BONE & CARDIOVASCULAR HEALTH†

120 CAPSULES | 60 SERVINGS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules / Servings Per Container: 60

	Amount Per Serving	%Daily Value
Magnesium	200 mg	48%
(from 1,112 mg of magnesium glycinate buffered - magnesium glycinate, magnesium oxide)		

Other ingredients: Rice flour, vegetable cellulose (capsule), and silica.

Distributed by Windmill Health Products®
10 Henderson Drive, West Caldwell, NJ 07006



NO SUGAR, WHEAT, SOY, MILK,
ARTIFICIAL COLORS, FLAVORS
OR PRESERVATIVES

NON GMO - GLUTEN FREE - VEGAN