

LiveGood's Complete Plant Based Protein is designed to be the MOST COMPLETE protein shake on the market! To us, that means giving your body the MAXIMUM amount of NUTRITION with the BEST INGREDIENTS on the planet!

Pea Protein: A complete, plant-based protein that has been transformed by mushroom mycelial fermentation to deliver on nutrition and functionality. Our pea protein contains ALL NINE of the essential amino acids the body needs.

Organic Hemp Protein: Packed with antioxidants, minerals, fiber, and heart-healthy unsaturated fats, hemp protein helps protect the heart, helps to maintain lean body mass, helps rebuild and restore muscles and joints, and even helps to maintain brain function! In fact, hemp protein promotes energy, may help boost the immune system, and is becoming a go-to protein for weight management and even helping with inflammation!

Fermented Protein: Protein, like all nutrients, is only as valuable as your body can digest it. Unfortunately many proteins on the market are not readily digestible, meaning that you are not getting the full benefit of the protein in the product. Not only does our carefully selected Fermented Protein help the body maximize digestion, but all the harmful bacteria and anti-nutrients, often found in other products on the market, have been removed to give you the cleanest, most healthy protein available anywhere!

Amino Acids: Amino Acids play a role in almost every system throughout your body. They assist in the creation and growth of muscles, connective tissues, and skin. They help to maintain muscle tone and tissue strength. They help with muscle healing and repair. They help to provide energy to your body. And they even help to promote healthy digestion. Without amino acids, your entire body's health could be at risk. And no product has higher quality amino acids than LiveGood Complete Plant Based Protein!

LIVEGOOD

COMPLETE PLANT-BASED
PROTEIN

PLANT PROTEINS + ALL ESSENTIAL AMINO ACIDS



DELICIOUS VANILLA FLAVOR



NO SUGAR ADDED



NO ARTIFICIAL FLAVORS



DAIRY FREE



GLUTEN FREE

PEA PROTEIN
TONE MUSCLE AND SUPPORT WEIGHT MANAGEMENT

HEMP PROTEIN
REBUILD AND RESTORE MUSCLES AND JOINTS

FERMENTED PROTEIN
MAXIMUM DIGESTION AND FASTER NUTRIENT ABSORPTION

AMINO ACIDS
BUILD AND MAINTAIN LEAN MUSCLE

20g OF PROTEIN PER SERVING

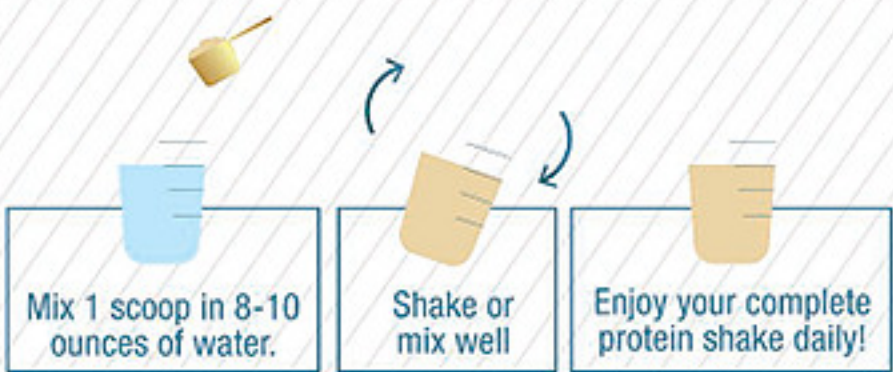
MAXIMUM NUTRITION FORMULA

DIETARY SUPPLEMENT

NET WT. 16.5 oz (467 gm)

Supplement Facts		
Serving Size: 31.16 gm (one scoopful) Servings per Container: 15		
	Amount Per Serving	% Daily Value**
Calories	106	
Total Fat	2 gm	3%
Total Carbohydrates	2 gm	1%
Dietary Fiber	1 gm	4%
Total Sugars	1 gm	
Protein	20 gm	40%
Vitamin A (as Beta Carotene)	500 mcg RAE	55%
Vitamin C (as Ascorbic Acid)	220 mg	244%
Vitamin D (as Cholecalciferol)	20 mcg	100%
Vitamin E (as DL-Alpha Tocopherol Acetate)	70 mg	467%
Vitamin B1 (as Thiamine)	5 mg	416%
Vitamin B2 (as Riboflavin)	2.2 mg	169%
Vitamin B3 (as Niacinamide)	10 mg	63%
Vitamin B6 (as Pyridoxine)	5 mg	294%
Folate (as L-Methyl Calcium Folate)	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	22 mcg	916%
Biotin	320 mcg	1066%
Vitamin B5 (as Pantothenic Acid)	6 mg	120%
Calcium (as Dicalcium Malate and Dicalcium Phosphate)	247 mg	19%
Iron (as Ferrous Fumarate)	9 mg	50%
Phosphorus (as Dicalcium Phosphate)	120 mg	10%
Iodine (as Potassium Iodide)	55 mcg	37%
Magnesium (as Magnesium Glycinate)	70 mg	17%
Zinc (as L-Opti Zinc)	12 mg	109%
Selenium (as Selenium Glycinate)	55 mcg	100%
Manganese (as Manganese Sulfate)	1.8 mg	78%
Chromium (as Chromium Nicotinate Glycinate)	55 mcg	157%
Molybdenum (as Molybdenum Chelate)	15 mcg	33%
Sodium (as Sodium Chloride)	345 mg	15%
Potassium	138 mg	3%
Linoleic Acid	468 mg	†
Alpha Linoleic Acid (ALA)	133 mg	†
Proprietary Protein Blend	26.86 gm	†
Pea Protein Fermented by Shitake Mycelia and Organic Hemp Seed Protein		
** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established		

Other Ingredients: Natural Flavors, Guar Gum, Stevia Leaf Extract and Citric Acid



26 VITAMINS AND MINERALS
Essential to your body's health, most people don't get enough vitamins and minerals in their daily diets. With everything from Vitamin B for energy production, Iron for building muscle, and even Iodine for metabolism, our Complete Plant-Based Protein fills that void and POWERS your body even MORE!

Amino Acid Profile per Serving

ALANINE	0.873 gm	ISOLEUCINE	0.934 gm	THREONINE	0.718 gm
ARGININE	2.045 gm	LEUCINE	1.673 gm	TYROSINE	0.321 gm
ASPARTIC ACID	2.368 gm	LYSINE	1.287 gm	VALINE	1.047 gm
GLUTAMIC ACID	3.608 gm	PHENYLALANINE	1.083 gm	CYSTINE	0.214 gm
GLYCINE	0.839 gm	PROLINE	0.833 gm	METHIONINE	0.307 gm
HISTIDINE	0.532 gm	SERINE	1.056 gm	TRYPTOPHAN	0.086 gm

This product has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For LiveGood.com 888-672-0788
if you are pregnant or lactating, under the age of 12, or under the care of physician consult with a healthcare professional prior to using this product. Store in a cool dry place out of the reach of children. Do not use if safety seal is broken or missing.