

**DIRECTIONS:** Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.



**KEEP OUT OF REACH OF CHILDREN.**  
Protect from heat, light & moisture.  
Store in a cool, dry place.  
Do not purchase if seal is broken.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ITEM: 186NL



# Biotin

## 5,000mcg

**PROMOTES HEALTHY  
HAIR, SKIN & NAILS<sup>†</sup>**

**60 TABLETS | DIETARY SUPPLEMENT**

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Biotin	5,000 mcg	16,667%
Calcium (as dicalcium phosphate)	30 mg	2%

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, and magnesium stearate.

Distributed by Windmill Health Products<sup>®</sup>  
10 Henderson Drive, West Caldwell, NJ 07006



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**NO** | SUGAR, WHEAT, SOY, MILK,  
ARTIFICIAL COLORS,  
FLAVORS OR PRESERVATIVES

**NON GMO - GLUTEN FREE - VEGAN**