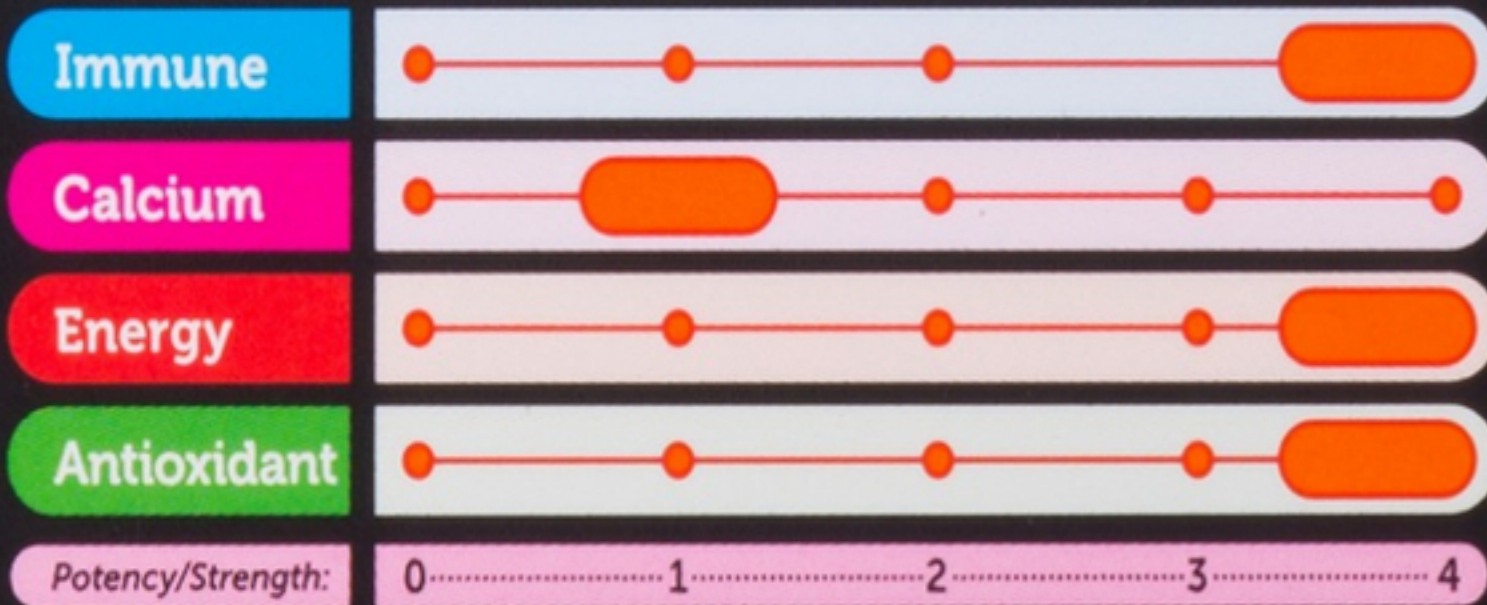


DIRECTIONS: 1 softgel 2 times daily with meals or as directed by a health care practitioner.

Prenatal+DHA 250 Vital Nutrition Chart*:



You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you, or call us toll free at 877-ASK-ZAHLER (877-275-9245).

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

STORE IN A COOL, DRY PLACE, AWAY FROM DIRECT SUNLIGHT. KEEP OUT OF REACH OF CHILDREN.

KOSHER PAREVE



UNDER STRICT SUPERVISION OF RABBI SH. STERN AND THE ORTHODOX UNION



Prenatal+DHA²⁵⁰

Premium Nutrition for Mother & Child



Premium TWICE-DAILY

1 MONTH SUPPLY



Prenatal +DHA²⁵⁰

DIETARY SUPPLEMENT 60 SOFTGELS



Premium TWICE-DAILY

Feel Better, Everyday™

Zahler's Premium Prenatal + DHA 250 provides premium nutritional care for the wellbeing of both mother and child, and is formulated with vitamins and minerals that promote health and enhance energy.



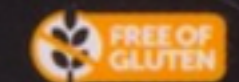
Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV	% DV Pregnant	
Vitamin A (beta carotene)	5000 IU	100%	63%
Vitamin C (ascorbic acid)	100 mg	160%	160%
Vitamin D3 (cholecalciferol)	1000 IU	250%	250%
Vitamin E (d-alpha tocopherol)	60 IU	200%	200%
Vitamin B1 (thiamin)	15 mg	1000%	800%
Vitamin B2 (riboflavin)	15 mg	882%	750%
Vitamin B6 (pyridoxine HCl)	40 mg	2000%	1600%
Vitamin B12 (methylcobalamin)	100 mcg	1667%	1400%
Vitamin K1 (menandione)	90 mcg	220%	220%
Niacin (niacinamide)	30 mg	150%	150%
Pantothenic Acid (calcium d-pantothenate)	15 mg	150%	150%
Folic Acid (5-methyltetrahydrofolate)	800 mcg	200%	133%
Calcium (citrate)	20 mg	2%	2.5%
Magnesium (citrate)	20 mg	7.5%	7.5%
Iron (Ferrochel® aa chelate)	36 mg	200%	300%
Copper (aa chelate)	1 mg	50%	50%
Zinc (aa chelate)	11 mg	75%	75%
Manganese	2 mg	100%	100%
Iodine	300 mcg	240%	240%
Chromium (picolinate)	400 mcg	1600%	1600%
Choline (bitartrate)	50 mg	3%	3%
Selenium	30 mcg	50%	50%
Lutein Zeaxanthin Complex	900 mcg	†	†
DHA (Martek Life'sDHA™)	250 mg	†	†

*Percentage Daily value based on 2,000 calorie diet
† Daily Value not established

Other Ingredients: Kosher Gelatin, Coconut Oil, Glycerin, Water, MCT Oil, Natural Colors.



Life'sDHA™ is a trademark of Martek Biosciences Corporation.
Distributed By: Advanced Nutrition by Zahler®
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www.zahlers.com