

Natrol® Melatonin 3mg:

Helps establish normal sleep patterns*

Helps you get better sleep so you wake up refreshed*

This product is helpful for occasional sleeplessness.†

WARNING: This product is not intended to treat insomnia or other sleep disorder. Consult a physician before using this product if under the age of 18, taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder. Melatonin may cause drowsiness or sleepiness, do not take when driving or operating heavy machinery, or consuming alcohol. If adverse reactions occur, discontinue use. For occasional short-term use only. This product should never substitute healthy sleep practices.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 511.921 F: 3000208 L: 2010577-23172





NATROL®

SLEEP

Melatonin 3mg

100%
DRUG
FREE

-  Fall asleep faster, stay asleep longer†
-  Wake up refreshed†

120 Tablets

DIETARY SUPPLEMENT

SUGGESTED USE: Adults, take 1 tablet 30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 120

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%
Calcium (as Calcium Carbonate)	63 mg	5%
Melatonin	3 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Cellulose Gum, Silicon Dioxide.

Distributed by NATROL LLC
Sherman Oaks, CA 91403, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

APPROX.
FILL LINE

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame

Do not use if safety seal is damaged or missing.

LOT/EXP: