

SUPPORTS MUSCLE RECOVERY, GROWTH & REPAIR.†

Suggested Use: Mix 1 scoop with 8-12 ounces of water. Vary amount of water to achieve desired flavor. For maximum results, take RELOAD on training and off days as follows:

TRAINING DAYS: Morning training, take 1 serving late in the afternoon or evening. Evening training, take 1 serving early in the day.

OFF DAYS: Take 1 serving 1-2 times daily between meals.

FOR BEST RESULTS: Stack with NutraBio PRE and INTRA BLAST on training days. Take PRE 30 minutes before training, sip INTRA BLAST throughout training and take RELOAD as directed.‡

Warning: KEEP OUT OF REACH OF CHILDREN. Do not use if pregnant or nursing. Not for use by individuals under the age of 18 years. Consult a physician before use if you have a medical condition or are taking any medication. Discontinue use two weeks prior to surgery. Drink at least 16-32 ounces of additional water per day when using Creatine.

**CREATINE
MagnaPower™**

Creatine MagnaPower™ is a trademark of Albion Laboratories, Inc. Kyowa Quality and/or the KQ logo are trademarks of Kyowa Hakko Bio Co., Ltd.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

SINCE
1996

MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY



MADE IN USA
— WITH INGREDIENTS —
SOURCED WORLDWIDE

NUTRABIO®

RELOAD RECOVERY MATRIX™

POST-WORKOUT MUSCLE RECOVERY FORMULA*

**STRAWBERRY
LEMON BOMB**
Artificially Flavored

30 Servings
Net Wt. 30.3 oz (1.89 lb) 858 g

DIETARY SUPPLEMENT

21G
AMINO ACIDS

8G
BCAA_s

5G
GLUTAMINE

3G
CREATINE

Supplement Facts

Serving Size: 1 scoop (28.62 grams)

Servings Per Container: 30

| | Amount Per Serving | %DV |
|--|--------------------|------|
| Total Carbohydrate | <1 g | <1%* |
| Calcium (as calcium phosphate) | 60 mg | 4% |
| Phosphorus (as calcium phosphate, sodium phosphate, potassium phosphate) | 81 mg | 6% |
| Magnesium (as magnesium creatine chelate) | 40 mg | 10% |
| Sodium (as sodium phosphate, sodium chloride) | 95 mg | 4% |
| Anabolic Growth BCAAs (8 g) | | |
| L-Leucine | 4 g | † |
| L-Isoleucine | 2 g | † |
| L-Valine | 2 g | † |
| Strength & Endurance Matrix (7.1 g) | | |
| Betaine Anhydrous (trimethylglycine) | 2.5 g | † |
| Creatine Monohydrate (PharmaPure™) | 2.5 g | † |
| Beta-Alanine | 1.6 g | † |
| Magnesium Creatine Chelate (Creatine MagnaPower™)(Albion™) | 500 mg | † |
| L-Glutamine | 5 g | † |
| Muscle Recovery Accelerator (2.5 g) | | |
| L-Carnitine L-Tartrate | 1.5 g | † |
| L-Ornithine HCl | 600 mg | † |
| Glycine | 500 mg | † |
| Electrolyte & Rehydration Optimizer (1.94 g) | | |
| Taurine | 1.5 g | † |
| Calcium Phosphate | 176 mg | † |
| Sodium Phosphate | 157 mg | † |
| Potassium Phosphate | 102 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: citric acid 1.6g, natural flavor 1.25g, malic acid 800mg, sucralose 200mg, salt 120mg, acesulfame potassium 30mg, beet powder 80mg (color).

NB
NUTRABIO

Manufactured by NutraBio Labs, Inc.
564 Lincoln Blvd., Middlesex, NJ 08846
(732-748-8606)

Processed in a facility and/or manufacturing line that also produces milk, tree nuts and nuts.

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. STORE IN A COOL DRY PLACE.

VEGETARIAN | LACTOSE FREE

Product Moved to this level ▶

CHECK,
VERIFY,
TRUST.

View Independent Lab Results
CHECKMYSUPPS.COM

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | FULLY TRANSPARENT

