

SUPPORTS MUSCLE RECOVERY, GROWTH & REPAIR.†

Suggested Use: Mix 1 scoop with 8-12 ounces of water. Vary amount of water to achieve desired flavor. For maximum results, take RELOAD on training and off days as follows:

TRAINING DAYS: Morning training, take 1 serving late in the afternoon or evening. Evening training, take 1 serving early in the day.

OFF DAYS: Take 1 serving 1-2 times daily between meals.

FOR BEST RESULTS: Stack with NutraBio PRE and INTRA BLAST on training days. Take PRE 30 minutes before training, sip INTRA BLAST throughout training and take RELOAD as directed.†

Warning: KEEP OUT OF REACH OF CHILDREN. Do not use if pregnant or nursing. Not for use by individuals under the age of 18 years. Consult a physician before use if you have a medical condition or are taking any medication. Discontinue use two weeks prior to surgery. Drink at least 16-32 ounces of additional water per day when using Creatine.

CREATINE
MagnaPower™

Creatine MagnaPower™ is a trademark of Alblon Laboratories, Inc. Kyowa Quality and/or the KQ logo are trademarks of Kyowa Hakko Bio Co., Ltd.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

SINCE
1996

MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY



MADE IN USA
— WITH INGREDIENTS —
— SOURCED WORLDWIDE

NUTRABIO®

RELOAD

RECOVERY MATRIX

POST-WORKOUT MUSCLE RECOVERY FORMULA

21G
AMINO ACIDS

8G
BCAAs

5G
GLUTAMINE

3G
CREATINE

PASSION
FRUIT

Naturally & Artificially Flavored

DIETARY SUPPLEMENT

30 Servings
Net Wt. 29.3 oz (1.83 lb) 831 g

Supplement Facts

Serving size: 1 scoop (27.69 grams)

Servings per container: 30

	Amount Per Serving	%DV
Calcium (as calcium phosphate)	60 mg	4%
Phosphorus (as calcium phosphate, sodium phosphate, potassium phosphate)	81 mg	6%
Magnesium (as magnesium creatine chelate)	40 mg	10%
Sodium (as sodium phosphate)	50 mg	2%
Anabolic Growth BCAAs (8 g)		
L-Leucine	4 g	†
L-Isoleucine	2 g	†
L-Valine	2 g	†
Strength & Endurance Matrix (7.1 g)		
Betaine Anhydrous (trimethylglycine)(HPLC)	2.5 g	†
PharmaPure™ Creatine Monohydrate (micronized, HPLC)	2.5 g	†
Beta-Alanine	1.6 g	†
Creatine MagnaPower™ (Albon™ magnesium creatine chelate)	500 mg	†
L-Glutamine	5 g	†
Muscle Recovery Accelerator (2.5 g)		
L-Carnitine L-Tartrate (PharmaPure™)	1.5 g	†
L-Ornithine HCl	500 mg	†
Glycine	500 mg	†
Electrolyte & Rehydration Optimizer (1.94 g)		
Taurine	1.5 g	†
Calcium Phosphate	176 mg	†
Sodium Phosphate	157 mg	†
Potassium Phosphate	102 mg	†

† Daily value (DV) not established.

Other ingredients: citric acid 1.2 g, natural & artificial flavors 1.05 g, malic acid 600 mg, sucralose 200 mg, acesulfame potassium 50 mg, beta-carotene (color) 50 mg.

NB
NUTRABIO
Manufactured by NutraBio Labs, Inc.
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(732-748-8606)

Processed in a facility and/or manufacturing line that also produces milk, tree nuts, nuts and soy.

THIS PRODUCT IS SOLD BY WEIGHT NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED. SERVING SCOOP INCLUDED. STORE IN A COOL DRY PLACE.

CHECK.
VERIFY.
TRUST.
View Independent Lab Results
CHECKMYSUPPS.COM

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | FULLY TRANSPARENT



Product VMed to this level