



Premium Herbal Formulas

1.800.446.2110
www.florahealth.com



LOT:

BEST BEFORE:

The oil in Flax-O-Mega® softgels is cold-pressed and unrefined from the highest quality, certified organic flax seeds available. It is carefully extracted in a low-heat (below 40°C), light- and oxygen-free environment. Flax-O-Mega® provides 1500 mg of omega 3 and omega 6 essential fatty acids per serving. These two EFAs are important for proper immune system development, digestive support, healthy brain function, and cardiovascular health. *Flax oil also helps maintain soft and smooth skin. *Flora tests every batch of flax seeds to make sure they're free of gluten.

What are GreenCaps?

GreenCaps are new and innovative vegetarian softgels that replace animal-based gelatin caps.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

Flax-O-Mega®

Premium Cold-Pressed
Flax Seed Oil • Omega 3 & 6
Dietary Supplement



180 SOFTGELS



GLUTEN-FREE

Supplement Facts

Serving Size 2 capsules (1000 mg ea)
Servings Per Container 90

Amount Per Serving	% Daily Value
Calories 20	Calories from fat 20
Total Fat 2 g	3%*
Saturated Fat 0 g	0%*
Polyunsaturated Fat 1.5 g	†
Monounsaturated Fat 0.5 g	†
Linolenic acid (omega 3) 1,200 mg	†
Linoleic acid (omega 6) 320 mg	†
Oleic acid (omega 9) 300 mg	†

† Daily Value not established

* Percent Daily Value based on a 2,000 calorie diet

INGREDIENTS: Flax seed oil in softgel of modified corn starch, carrageenan (seaweed extract), glycerin, sorbitol, and purified water.

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805 E. BADGER RD., LYNDEN, WA 98264
1.800.446.2110
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SUGGESTED USE: Take 2 capsules three times a day with meals. Store in a cool, dry place. Keep out of reach of children.

Security sealed for your protection. Do not use if seal is missing or damaged.