

Valerian has been extensively used in Asian, Greek and Roman medicines to support rest and sleep. Relaxes muscles and nervous system. Eases menstrual and menopausal discomfort.*

Our Valerian extract is fortified with abundant Triperine™, a synergistic blend of black pepper, ginger and piper longum extracts for enhanced absorption, potency and bioavailability.*

SUGGESTED USE: 1-2 capsules an hour before bedtime. For daytime use: 1 capsule with meal or as directed by your healthcare professional.

CAUTION: Do not use if inner seal is missing or broken. Protect from heat, light and moisture. Keep out of reach of children. Consult healthcare professional before using this product if you are pregnant or nursing, taking medication or have a health condition.

Manufactured using stringent quality control. Our synergistic technology harmonizes the best of ancient wisdom and modern science.

Triperine™ is a trademark of Harmony Nutraceuticals, LLC™



Harmony™
NUTRACEUTICALS

Valerian

Synergized with Triperine™
Restful Harmony*

Supplement Facts

Serving size: 1 capsule
Servings per container: 120

Each Capsule Contains	Amount per Serving	% Daily Value
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Valerian extract (Valeriana officinalis)(root) (standardized to 0.8% Valerenic acid, equivalent to 5.4 mg Valerenic acid)	675mg	†
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Triperine™

Proprietary blend of extracts of Black pepper (Piper nigrum)(seeds) Long pepper (Piper longum)(fruit) Ginger (Zingiber officinale)(rhizome)	33 mg	†
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†Daily Value Not Established

Other Ingredients: Vegetarian capsule

No: soy, dairy, egg, nuts, gluten, salt, sugar, artificial colors, artificial flavors, artificial sweeteners. Not genetically modified through the use of modern biotechnology.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and distributed by Harmony Nutraceuticals, LLC

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See base for Best before & Lot #

GMP Certified • Certified Lab Tested • Halal • Kosher

PURE HERBAL SUPPLEMENT • 120 VEGETARIAN CAPSULES



MADE WITH LOVE IN THE USA

