## SUPPLEMENT FACTS

Serving Size 1 Softgel-Serving per Container 120

Amount per serving % Daily Value Flaxseed Oil 1000mg\*

Other Ingredients: Gelatin, vegetable glycerin

Organic Flax Seed Oil is an important source of alphalinolenic acid (ALA). It is an Omega 3 series of essential fatty acids. ALA is the precursor to eicosapentaenoic acid.

No Sugar, Milk, Soy, Yeast, Artificial Color, Flavors or Preservatives.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## FLAXSEED OIL



Cold pressed and refined Superpoly unsaturated
Omega 3 Alpha Linolenic Acid
Organically Grown
Dietary Supplement

Dietary Supplement 120 Softgels • 1000 mg

## DIRECTIONS

SUGGESTED USE: Take 1 softgel twice daily or as directed by your health care professional.

**CAUTION:** Keep out of reach of children. If you are pregnant, nursing or taking any other medication, you can consult your healthcare professional prior to taking this product.

**STORAGE**: Keep tightly closed in a cool dry place at a temperature of 15°-30°C (59°-86°F).

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