

Authentic Chyawanprash™ is an ancient Vedic functional food formula. It contains 35 ingredients including botanical, aromatic spices and linoleic rich fats, which are skillfully combined to produce a delicious multi-herbal jam. In Ayurveda, it is known as a Rasayana (systemic revitalization of body & mind). A super nutritional supplement for longevity, wellness and rejuvenation.

We use a combination of *Ethically Wildcrafted, Certified Organic* and pesticide-free ingredients. We adhere to the ancient manufacturing techniques established 5000 years ago by the Rishi, Sage Chyawan. It takes a full 21-day cycle to produce one batch of our Authentic Chyawanprash.

Suggested Use: 10g (approximately 1 Teaspoon) 1-2 times a day. Chyawanprash is typically consumed on an empty stomach in the morning followed by hot milk or hot water. Not recommended for pregnant or nursing women. Keep at room temperature. No refrigeration necessary.

Distributed by: Lotus Blooming Herbs™
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PRODUCT OF INDIA

*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.

Ethically Wildcrafted & Organic Ingredients



LOTUS BLOOMING HERBS™

Authentic
CHYAWANPRASH™

Dietary
Supplement

Multi-Herbal
Jam

NETWT 12.3 OZ (350g)

Ingredients: **Raw Herbs:** †Amla fruit, †Long Pepper fruit, ‡Red Sandalwood heartwood, ‡Malabar Tree leaf, †Ashwagandha root, †Shatavari root, †Bacopa leaf, †Tulsi Holy Basil leaf, †Ginger rhizome, †Raisin fruit, †Licorice stem, ‡Phyllanthus whole, †Zedoary rhizome, †Cinnamon bark, Saffron stigma [Highest Grade Kashmiri], †Wild Cardamom seed, ‡Kudzu root, †Arjuna bark, ‡Chebulic Myrobalan fruit, †Sacred Lotus seed, ‡Neem leaf, †Tribulus fruit, ‡Golden Apple fruit, †Indian Tinospora stem, †Nut Grass whole, †Leptadenia leaf, †Boerhavia root, †Mesua flower **SCO:** **Extracts:** †Amla fruit, †Ashwagandha root, †Long Pepper fruit **Other Ingredients:** Jaggery (Saccharumofficinatum), Ghee (Clarified Butter) Ethically procured from grass-fed Gir cows †Raw Honey †Black Sesame Oil [Cold Pressed, Virgin]

†Certified Organic by EcoCert and OneCert
‡Ethically Wild Crafted, Pesticide Free

Supplement Facts

Serving Size 1 Teaspoon (10g)

Servings Per Container About 35

Calories 35 Fat Cal. 7

% Daily Values*

Total Fat 1g 2%

Saturated fat 0g 0%

Trans Fat 0g 0%

Cholesterol 0g 0%

Sodium 0mg 0%

Total Carb. 7g 2%

Dietary Fiber 3g 12%

Sugars 7g

Protein 2g

*Percent DV are based on a 2,000 calorie diet