

Vitamin D aids in the absorption of calcium, helping to form and maintain healthy bones and teeth.* It also supports colon and immune health.* Country Life high potency Vitamin D₃ 10,000 I.U. comes from lanolin, a sustainable and safe source in a base of medium chain triglycerides (MCT). Also Available in 1000 I.U., 2500 I.U., and 5000 I.U. strengths.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, CORN OR WHEAT
YES	RECYCLABLE PACKAGING	NO	SOY, MILK OR SALT
YES	MANUFACTURING SUPPORTS WIND POWER	NO	SUGAR OR PRESERVATIVES
		NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
		NO	MAGNESIUM STEARATE



This product does not contain common GE genes or proteins. Visit igenprogram.com

Lot No:

Best by:



Dietary Supplement

60 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY



• HIGH POTENCY •
VITAMIN D₃
250 mcg (10,000 I.U.)
Non-fish liver source

Certified Gluten-Free

- Promotes bone, dental and immune health*
- Supports colon health*
- From sustainable source

Directions: Adults, take one (1) softgel every 3 days or as directed by your healthcare provider. As a reminder, discuss the supplements and medications that you take with your health care providers. Do not exceed the recommended dose.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value
Vitamin D(D ₃) - (as cholecalciferol from Lanolin)	250 mcg (10,000 I.U.) 1,250%

Other Ingredients: Medium chain triglycerides, gelatin, glycerin, purified water (capsule shell). 100% bovine gelatin, BSE-free.

CAUTION: For adults only. Do not take if pregnant or lactating. Do not exceed recommended dose. Large doses of Vitamin D may have adverse effects. If any adverse reactions occur, stop taking product and consult a doctor. If planning a surgery, taking medication or have a medical condition, consult a doctor before using this product. If taking more than 100 mcg (4,000 I.U.) Vitamin D daily, Vitamin D blood level monitoring is recommended. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.** This product has been manufactured at a GMP Registered facility.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com
Product No. 5815

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