

Target-Mins® are made with specific free-form amino acids for optimal mineral delivery.\* A daily intake of zinc is needed as the body does not store it. Zinc maintains healthy activity at the cellular level, and plays a role in immune function.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, WHEAT OR CORN
YES	CERTIFIED VEGETARIAN BY THE AVA	NO	SOY, MILK OR SALT
YES	RECYCLABLE PACKAGING	NO	SUGAR OR PRESERVATIVES
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	KOSHER		

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



• TARGET-MINS® •

# ZINC

50 mg

Certified Gluten-Free

► Supports immune health\*

**Directions:** Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

Amount Per Serving		% Daily Value
Zinc (as zinc citrate, zinc picolinate, zinc bisglycinate, zinc aspartate)†	50 mg	455%

Other Ingredients: Cellulose, vegetable magnesium stearate, hypromellose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

**CAUTION:** Not for use by persons under the age of 18 or by pregnant or nursing women. If you are taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.

Dietary Supplement 180 Tablets

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 2521