

A powerful antioxidant that supports immune health.\* Contains selenium derived from its natural state in dried yeast.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER-PARVE  
**YES** CERTIFIED HALAL BY IFANCA

**NO** WHEAT, SOY OR MILK  
**NO** SALT OR SUGAR  
**NO** PRESERVATIVES  
**NO** ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Lot No:

Best by:



• YEAST BOUND •

# SELENIUM

200 mcg

Certified Gluten-Free

► Supports immune health\*

Dietary Supplement 90 Tablets

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) tablet daily preferably with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Calcium (as calcium carbonate)	100 mg	8%
Selenium (as selenium yeast)	200 mcg	364%

Other Ingredients: Cellulose, stearic acid, non-GMO maltodextrin, silica, magnesium stearate.

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

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CountryLifeVitamins.com  
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