

Country Life® uses only Suntheanine®, a form of L-Theanine with over 50 studies and patents. L-Theanine has been referred to as the happy amino for its ability to help reduce stress.** It has also been shown to help diminish normal symptoms of PMS when taken 400 mg daily.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Suntheanine® is a registered trademark of Taiyo International, Inc.

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| YES NON-GMO PROJECT VERIFIED | NO YEAST, CORN OR WHEAT |
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO SOY, MILK OR SALT |
| YES CERTIFIED VEGAN BY THE AVA | NO SUGAR OR PRESERVATIVES |
| YES RECYCLABLE PACKAGING | NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| YES MANUFACTURING SUPPORTS WIND POWER | |
| YES KOSHER | |
| YES CERTIFIED HALAL BY IFANCA | |

Lot No:



Best by:



L-THEANINE

200 mg

Suntheanine®

Certified Gluten-Free

- Gently soothes away the tension**
- Helps reduce stress**
- Includes Vitamin B-6 for utilization**



Dietary Supplement 30 Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily on an empty stomach. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B-6 (as pyridoxine hydrochloride)	4.25 mg	250%
Suntheanine® L-Theanine†	200 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), magnesium stearate, silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.

This product has been manufactured at a GMP registered facility.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1411

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