

Made with you in mind, Country Life® offers L-Theanine in a delicious mint flavored, chewable tablet. Our L-Theanine is formulated with clinically researched Suntheanine®, a form of L-Theanine with over 50 studies and patents. Suntheanine® helps promote relaxation, mental calmness and can help improve sleep quality.***
Δ Based on laboratory disintegration testing. Compared to non-chewable capsules and tablets.

†Suntheanine® is a registered trademark of Taiyo International, Inc.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

NO YEAST OR WHEAT

YES CERTIFIED VEGAN BY THE AVA

NO SOY, MILK OR SALT

YES RECYCLABLE PACKAGING

NO ARTIFICIAL COLORS OR FLAVORS

YES MANUFACTURING SUPPORTS WIND POWER



This product does not contain common GE genes or proteins.
Visit igenprogram.com

Lot No:

Best by:

This product has been manufactured at a GMP Registered facility.



Dietary Supplement **60** Chewable Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
Country Life

• Fast Acting^Δ •

L-THEANINE
100 mg

Suntheanine®

Certified Gluten-Free

- Mint flavored chewable tablet - no pills
- Promotes relaxation and mental calmness***



Directions: Adults chew one (1) chewable tablet daily with or without food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 chewable tablet

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1g	<1%*
Total Sugars	1g	**
Includes 1g Added Sugars		2%
Vitamin B6 (as pyridoxine hydrochloride)	2.5 mg	147%
Suntheanine® L-Theanine†	100 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Sucrose, cellulose, citric acid, stearic acid, medium chain triglycerides, natural mint flavor, vegetable magnesium stearate, silica, stevia leaf extract.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1414