

PLEASE HELP US IN OUR MISSION;  
RECYCLE THIS BOX & BOTTLE AFTER USE.

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@CountryLifeVitamins



Also try our Award winning SharpThought®:  
Triple Action!

- Supports Increased Mental Clarity\*\*
- Supports Memory\*\*
- Supports Faster Recall\*\*
- †Based on 3 capsules daily



Serving Size 1 tablet	
Amount Per Serving	% Daily Value
Lycopene (from tomato pulp) extract	
Betaine (as betaine hydrochloride)	76 mg *
Sharp-PS® Gold Conjugated PS-DHA	56 mg *
(phosphatidylserine-docosahexaenoic acid complex) (from soy lecithin and fish extracts-blue whiting, herring) (standardized at 45% PS equal to 25 mg, 0% DHA as % PS-total fatty acids)	
Inositol (as inositol, inositol hexanicotinate)	54 mg *
Citrus Bioflavonoid Complex (from lemon, orange and grapefruit bioflavonoids (peel), providing 5.4 mg	25 mg *
hesperidin from lemon, orange, grapefruit(peel)	
Enzyme and Probiotic Blend	5.2 mg *
<b>providing:</b>	
Protease (from <i>Aspergillus oryzae</i> )	
Amylase (from <i>Aspergillus oryzae</i> )	
Lipase (from <i>Rhizopus oryzae</i> )	
Cellulase (from <i>Trichoderma reesei</i> )	
Lactase (from <i>Aspergillus oryzae</i> )	
<i>Lactobacillus rhamnosus</i>	
<i>Lactobacillus acidophilus</i>	
<i>Bifidobacterium lactis</i>	
<i>Bifidobacterium longum</i>	

\* Daily Value not established.

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, corn starch, maltodextrin, vegetable glaze. Contains soy and fish (blue whiting, herring).  
† Country Life always labels minerals in elemental weight.  
‡ Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.  
See box for Lot No. and Best by Date information.

**YES CERTIFIED GLUTEN-FREE** by GFCO.ORG  
**YES RECYCLABLE PACKAGING**  
**YES MANUFACTURING SUPPORTS WIND POWER**

**NO WHEAT, MILK OR PRESERVATIVES**  
**NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS**  
**NO MAGNESIUM STEARATE**

**CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication (especially anti-coagulants, blood thinners), have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

FruiteX-B® is a registered trademark of VDF FutureCulticals, Inc. U.S. Patent Nos. 6696419, 6924269, 8803284, 9271994, 9421216, 9102700.

Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTiValue® is a registered trademark of Alcecorp, Inc.

Sharp-PS® Gold is a registered trademark of Enzymotec Ltd.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

This product has been manufactured at a GMP Registered facility.



06M20NDN

Simplify your daily  
supplementation with



Unique to Men's 50+:

- Saw Palmetto
- Encapsulated Tomato Lycopene
- Sharp PS Gold; a Phospholipid DHA conjugate

ALL CORE DAILY® 1

30+ Whole Fruits,  
Vegetables & Grains



Full Spectrum  
Digestive Enzymes



100% Inner  
Fillet Aloe Vera  
ACTiValue



Boron  
from FruiteX-B



Includes Whole  
Food Vitamin C



Full Spectrum  
Probiotic Blend



Coenzyme B  
Vitamins,  
with Methylfolate



CORE DAILY® 1

FOR MEN 50+  
Certified Gluten-Free

- ▶ 200+ mg of Men's Health Blend
- ▶ Over 30 Raw Whole Foods
- ▶ "Coenzymated" B Vitamins for Energy\*\*
- ▶ AND Probiotics, Digestive Enzymes, and Aloe



Directions: Adult males take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts	
Serving Size 1 tablet	
Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	750 mcg (2,500 IU) 83%
Vitamin C (as calcium ascorbate, amla extract, acerola berry extract)	100 mg 111%
Vitamin D (D3)(as cholecalciferol)	10 mcg (400 IU) 50%
Vitamin E (as d-alpha tocopheryl acid succinate)	33.5 mg (50 IU) 223%
Vitamin K (as phytonadione (K1))	81 mcg 68%
Thiamin (vitamin B1)(as thiamine hydrochloride, thiamine ocarboxivoylase chloride)	5 mg 417%
Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate)	5 mg 385%
Niacin (as inositol hexanicotinate)	20 mg 125%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate)	5 mg 294%
Folate (as (6S)-5-Methyltetrahydrofolate-glucosamine salt)	200 mcg DFE 50%
Vitamin B12 (as cyanocobalamin, methylcobalamin)	(120 mcg folic acid) 100 mcg 4,167%
Biotin (as d-Biotin)	300 mcg 1,000%
Pantothenic Acid (as calcium d-pantothenate, panthenol)	26 mg 520%
Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium fructoborate, calcium d-pantothinate)	107 mg 8%
Phosphorus (as calcium hydroxyapatite)	50 mg 4%
Magnesium (as magnesium oxide, citrate)	50 mg 12%
Zinc (as zinc citrate)	5 mg 45%
Selenium (as sodium selenate)	70 mcg 127%
Copper (as copper amino acid chelate (rice protein based))	0.25 mg 28%
Manganese (as manganese amino acid chelate (rice flour based))	2 mg 87%
Chromium (as chromium picolinate)	50 mcg 143%
Molybdenum (as molybdenum amino acid chelate (rice flour based))	25 mcg 56%
Potassium (as potassium citrate)	10 mg <1%
Choline (from choline bitartrate)	12 mg 2%
Men's Health Blend	208 mg
Saw Palmetto Extract (berry)	
Calcium fructoborate (FruiteX-B®) (providing 1 mg Boron)	
Ginger Extract (root)	
Peppermint Extract ( <i>Peppermint africanum</i> ) (bark)	
Pumpkin Seed Extract	
Organic Aloe Vera (ACTiValue®) (100% inner fillet of leaf)	
Fermented Organic Whole Food Blend	
Organic Whole Vegetables (organic kale (leaf), organic daikon radish sprout (seed), organic broccoli sprout (seed), organic collard greens (leaf), organic spinach (leaf), organic beet (root), organic broccoli (stem and flower), organic pea (seed))	
Organic Whole Fruits (organic cranberry (fruit), organic pumpkin (fruit), organic acai (fruit), organic blackberry (fruit), organic tart cherry (fruit), organic raspberry (fruit), organic blueberry (fruit), organic strawberry (fruit), organic pomegranate (fruit), organic banana (fruit), organic mango (fruit))	
Organic Whole Legumes and Grains (organic adzuki bean (seed), organic red lentil (bean) (seed), organic quinoa sprout (seed), organic millet sprout (seed))	
Organic Super Foods (organic ginger (root), organic chlorella (bloom), organic spirulina (bloom))	

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Dietary Supplement | 60 Tablets | 2 Month Supply | Our PLEDGE of INTEGRITY — INTEGRITY • CLEANNESS • BUSINESS CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
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