



DAILY ULTIMATE ESSENTIALS +Hydration

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Supplement Facts

Serving Size 1 scoop (11.8 g)
Servings Per Container 30

	Amount Per Serving	% DV
Calories	20	
Total Carbohydrate	5 g	2%**
Dietary Fiber	3 g	11%**
Total Sugars	<1 g	†
Includes 0 g Added Sugar		0%
Vitamin A (as Retinyl Palmitate)	900 mcg	100%
Vitamin C (as Ascorbic Acid)	900 mg	1,000%
Vitamin D (Cholecalciferol) (VegD3 [®])	30 mcg (1,200 IU)	150%
Vitamin E (as d-Alpha Tocopheryl Succinate)	15 mg	100%
Vitamin K (as Phylloquinone)	30 mcg	25%
Thiamin (as Thiamin HCl)	4 mg	333%
Riboflavin	4.2 mg	323%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Folate (as Quatrefolic [®] (6S)-5-Methyltetrahydrofolic Acid Glucosamine Salt)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	24 mcg	1,000%
Biotin	300 mcg	1,000%
Pantothenic Acid (as D-Calcium Pantothenate)	12 mg	240%
Choline (as Choline Bitartrate)	35 mg	6%
Calcium (as Calcium Citrate & Calcium Phosphate)	160 mg	12%
Phosphorus	50 mg	4%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Glycinate)	65 mg	15%
Zinc (as Zinc Citrate)	15 mg	136%
Selenium (as Selenomethionine)	70 mcg	127%
Copper (as Copper Citrate)	1 mg	111%
Manganese (as Manganese Citrate)	3 mg	130%
Chromium (as Chromium Picolinate)	100 mcg	286%
Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	111%
Sodium	10 mg	<1%
Potassium (as Potassium Citrate)	470 mg	10%

** Percent Daily Values (DV) based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Natural flavors, beet root (for color).

	Amount Per Serving	% DV
Raw Superfoods, Greens, Fruits & Herbs Complex	4,100 mg	†
Prebiotic Fiber Blend (Guar Fiber, Agave Inulin), Beet Root Powder, Carrot Root Powder, Spinach Leaf Powder, Blueberry Fruit Powder, Artichoke Leaf Extract, Apple Fruit Powder, Pomegranate Fruit Powder, Milk Thistle Seed Extract, Cinnamon Bark Powder, Fermented Sugarcane Extract, Ginger Root Powder, Lemon Bioflavonoids Complex, Elderberry Fruit Extract, Turmeric Root Powder, Cranberry Fruit Extract, Tomato Fruit Concentrate, Citrus Bioflavonoids Complex, Tart Cherry Fruit Powder, Dandelion Root Powder, Ginkgo Biloba Leaf Extract, Grape Skin Extract, Green Tea Leaf Extract, Açai Fruit Extract, Sea Moss Powder, Grape Seed Extract		
Hydra Electrolytes Complex	2,500 mg	†
Potassium Citrate, Magnesium Glycinate, Calcium Citrate, Calcium Phosphate		
Essential Amino & Renew Complex	1,165 mg	†
Citric Acid, Amino Acids (L-Glutamine, L-Isoleucine, L-Leucine, L-Lysine HCl, L-Taurine, L-Valine, L-Proline, L-Citrulline), Malic Acid, Silica, Alpha Lipic Acid, Boron (as Boron Amino Acid Complex)		
Digestive Enzymes, Adaptogens & Super Mushrooms Complex	200 mg	†
Digestive Enzymes (Amylase, Amyloglucosidase, Protease, Acid Protease, Cellulase, Lipase), Ashwagandha Root Extract, Reishi Mushroom Powder, Chaga Mushroom Powder, Rhodiola Root Powder, American Ginseng Root Extract, Andrographis Leaf Extract, Lion's Mane Mushroom Extract		
Joint & Muscle Health Support	1,000 mg	†
Methylsulfonylmethane (MSM)		
Heart Health Support	100 mg	†
Coenzyme Q10 (Ubiquinone)		
Probiotics Complex	84 mg (10 billion CFU)	†
Bacillus coagulans BC99 [®] , Bacillus subtilis DE111 [®]		
Postbiotics	25 mg	†
Lactobacillus casei 327 (FloraSMART [®])		
Cell Rejuvenation Technology 8™	25 mg	†
Seaweed Extracts (Ascophyllum nodosum, Fucus vesiculosus) (35% Fucoidan) (Nutralga [®]), Berberine HCl, Trans-Resveratrol, Urolithin A, Haematococcus pluvialis Whole Algae Powder (3% Astaxanthin) (AstaPure [®]), Spermidine (as Spermidine HCl)		
Vitamin K2 (as Menaquinone-7)	40 mcg	†