

Vitamin C is an essential nutrient. As an antioxidant, it helps to protect the body against oxidative stress and supports immune health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER-PARVE

**NO** YEAST, WHEAT OR SOY  
**NO** MILK, SALT OR SUGAR  
**NO** PRESERVATIVES  
**NO** ARTIFICIAL COLORS,  
FLAVORS OR SWEETENERS  
**NO** MAGNESIUM STEARATE  
**NO** GMOs

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

09119NDL



Dietary Supplement **POWDER**  
NET WT. 8 OZ. (226 g)

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 7094

ESTABLISHED  
— 1971 —  
**Country Life**

# VITAMIN C CRYSTALS

Certified Gluten-Free

- Supports immune health\*
- An easily dispersible form of Vitamin C

**Directions:** Adults, mix 1/4 to 1/2 teaspoon (1.25 g - 2.5 g) with fruit juice or water. Vitamin C crystals may also be sprinkled on food. Increase intake of Vitamin C as needed. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 1/2 teaspoon (2.5 g)  
**Servings Per Container** About 88

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	2,500 mg	2,778%

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**