

Only Pure Health's 5-HTP:

- Supports Positive Mood*
- Promotes Feelings of Wellbeing*
- No Binders, Fillers or Excipients

Learn more at: www.purehealth100.com

Directions: Take 1 capsule two times per day 30 minutes before meals with a 10 oz. glass of water or as directed by your healthcare provider. Do not use if seal around cap is broken. Keep out of reach of children.

Caution: Do not take for more than 11 consecutive weeks, on anti-depressants or if pregnant or breastfeeding.

Distributed by **Pure Health**
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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Pure Health

Naturally

100 mg
5-HTP
Per Serving



No
Binders
& No
Fillers

5-HTP

from *Griffonia simplicifolia*

Dietary Supplement

30 Vegetarian Capsules

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30

Amount Per Serving		% DV*
5-HTP (5-hydroxytryptophan) (from Griffonia simplicifolia)(seed)	100 mg	†
Caralluma fimbriata (aerial part) Extract (17:1)	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Vegetarian Capsule,
And Nothing Else!

Due to the natural and pure ingredients in this product, taste, color and consistency may vary.



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