

Vitamin B12 with Folic Acid helps convert carbohydrates, fats and proteins into energy.\* B12 is essential for the production of red blood cells, which help to deliver oxygen throughout the body.\* B12 also supports cardiovascular health.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG	<b>NO</b> YEAST OR WHEAT
<b>YES</b> CERTIFIED VEGAN BY THE AVA	<b>NO</b> SOY OR MILK
<b>YES</b> RECYCLABLE PACKAGING	<b>NO</b> SALT
<b>YES</b> MANUFACTURING SUPPORTS WIND POWER	<b>NO</b> PRESERVATIVES
<b>YES</b> KOSHER-PARVE	<b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
<b>YES</b> CERTIFIED HALAL BY IFANCA	

Lot No:

09WZ2TL

Best by:



# VITAMIN B12

with Folate

500 mcg

Certified Gluten-Free

Supports energy\*



**Directions:** Adults allow one (1) lozenge to dissolve on tongue for 30 seconds before swallowing daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 lozenge

Amount Per Serving		% Daily Value
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	500 mcg	20,833%

Other Ingredients: Sorbitol, dark sweet cherry fruit powder, cellulose, stearic acid, silica, magnesium stearate.

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

Dietary Supplement 100 Lozenges

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC  
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CountryLifeVitamins.com  
Product No. 6295