

Looking for an energy boost?

This methylated form of B12 easily digests and is absorbed into your body.* Suitable for vegetarians and vegans.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

NO YEAST, WHEAT OR SOY

YES CERTIFIED VEGAN BY THE AVA

NO MILK OR SALT

YES RECYCLABLE PACKAGING

NO PRESERVATIVES

YES MANUFACTURING SUPPORTS WIND POWER

NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

YES KOSHER-PARVE

YES CERTIFIED HALAL BY IFANCA

Lot No:

Best by:



ESTABLISHED
— 1971 —

Country[®]
Life

**METHYL
B12**

3000 mcg

Certified Gluten-Free

- Supports energy and stamina*
- Tastes great



Dietary Supplement **50** Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) lozenge daily and allow to fully dissolve in mouth before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	50 mg	56%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as methylcobalamin)	3,000 mcg	125,000 %

Other Ingredients: Fructose, cellulose, mannitol, starch, stearic acid, vegetable magnesium stearate, silica, natural cherry flavor, natural raspberry flavor. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.** This product has been manufactured at a GMP Registered facility.

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