



03423

Also consider
Realfood Organics®
Aloe Vera Plus:
• Supports healthy digestion**

Realfood | FOR
organics® MEN

NUTRIENTS FOR THE BRAIN, HEART & BODY



Supports Brain &
Cognitive Health**



Supports
Cardiovascular Health**



Immune System &
Energy Support**



Healthy Hair, Skin
& Nails Support**

YES CERTIFIED ORGANIC BY QAI
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER

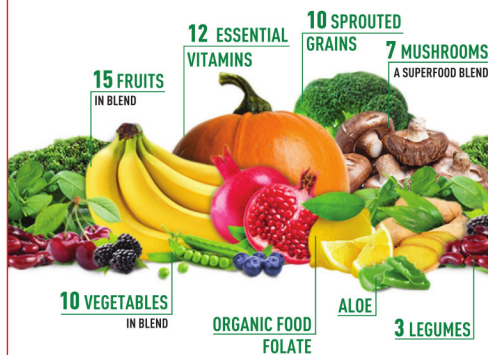
NO GMOs
NO WHEAT, SOY OR MILK
NO PRESERVATIVES
NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Realfood Organics® offers a variety of nutrients in a whole food-based multivitamin that supports overall good health and supplies dietary requirements that only Mother Nature can provide.

- ✓ **FERMENTED** whole foods for nutrient preservation
- ✓ **No herbs**
- ✓ **Inner fillet aloe vera**
- ✓ **Superfood blend of 7 mushrooms**



15 FRUITS
IN BLEND

**12 ESSENTIAL
VITAMINS**

**10 SPROUTED
GRAINS**

7 MUSHROOMS
A SUPERFOOD BLEND

10 VEGETABLES
IN BLEND

**ORGANIC FOOD
FOLATE**

ALOE

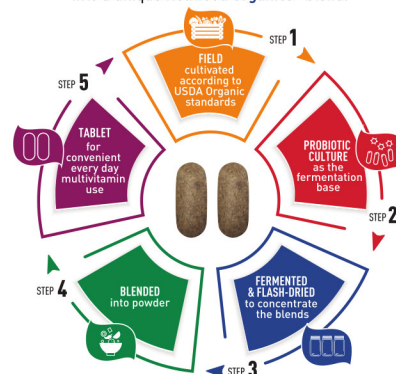
3 LEGUMES



Go to CountryLifeVitamins.com to learn more.

FROM FIELD TO TABLE

A whole food supplement as close to its natural state as possible. The finest, organic whole foods are selected, and transformed into a unique **Realfood Organics®** blend.



NEW!

Realfood | FOR
organics® MEN

**FERMENTED WHOLE FOOD
MULTIVITAMIN**

**Certified Gluten-Free
Non-GMO • Soy Free**



**Brain, Heart,
Immune, Energy
& Hair Support****



Dietary
Supplement **60** Easy-to-Swallow
Tablets

Our PLEDGE of INTEGRITY
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	450 mcg 50%
Vitamin C (from organic food blend)	60 mg 67%
Vitamin D (D ₃) (as cholecalciferol from lichen)	20 mcg (800 I.U.) 100%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg 100%
Thiamin (Vitamin B1) (from organic food blend)	1.2 mg 100%
Riboflavin (Vitamin B2) (from organic food blend)	1.3 mg 100%
Niacin (from organic food blend)	12 mg 80%
Vitamin B6 (from organic food blend)	1.7 mg 100%
Folate (from organic food blend)	400 mcg DFE 100%
Vitamin B12 (as methylcobalamin)	2.4 mcg 100%
Biotin (as <i>Sesbania grandiflora</i> extract) (leaf)	30 mcg 100%
Pantothenic Acid (from organic food blend)	5 mg 100%

Organic Food Blend 1,309 mg (1.30 g)
providing:
Organic Specialty Blend: (Organic Fermented Whole Foods Blend (organic kale (leaf), organic daikon radish sprout (seed), organic broccoli sprout (seed), organic cranberry (fruit), organic pumpkin (fruit), organic collard greens (leaf), organic spinach (leaf), organic acai (fruit), organic blackberry (fruit), organic tart cherry (fruit), organic raspberry (fruit), organic blueberry (fruit), organic strawberry (fruit), organic adzuki bean (seed), organic beet (root), organic broccoli (stem & flower), organic ginger (root), organic red lentil bean (seed), organic quinoa sprout (seed), organic pomegranate (fruit), organic pea (seed), organic banana (fruit), organic mango (fruit), organic chlorella (bloom), organic spirulina (bloom), organic millet sprout (seed)), (Organic guava extract (fruit), organic mango extract (fruit), organic lemon extract (fruit), organic chlorella (whole plant)).
Organic Acerola Powder (fruit)
Organic Pumpkin Seed Powder

Organic Mushroom Blend ((Almond Mushroom (*Agaricus blazei*), Lion's Mane Mushroom (*Hericium erinaceus*), Turkey Tail Mushroom (*Trametes versicolor*), Reishi Mushroom (*Ganoderma lucidum*), Maitake Mushroom (*Gifolia fromdosae*), Chaga Mushroom (*Inonotus obliquus*), Shiitake Mushroom (*Lentinula edodes*) (mycelium, primordia, fruiting bodies))
Organic Aloe Vera (ACTiValue®) (inner fillet) (leaf)

Fermented Organic Greens with Organic Sprout Blend (organic kale (leaf), organic collard greens (leaf), organic broccoli (stem & flower), organic cabbage sprout (seed), organic broccoli sprout (seed), organic spinach (leaf), organic kale sprout (seed), organic mustard seed sprout (seed), organic chlorella (bloom), organic spirulina (bloom), organic watercress sprout (seed)).

*Daily Value not established.

Other Ingredients: Organic maltodextrin, cellulose, organic rice bran extract, silica, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, sustainably sourced organic palm oil, organic guar gum), organic oat fiber, organic psyllium husk, organic pea starch, organic bamboo extract, organic gum arabic, organic sunflower oil, organic sunflower lecithin, organic potato starch, organic agave fiber. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children. See box for Lot No. and Best By Date information. This product has been manufactured at a GMP Registered facility. ACTiValue® and Qmatrix® are registered trademarks of AloeCorp, Inc.

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180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
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Certified Organic by Quality Assurance International

