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Certified



Corporation

Empty & Replace Cap



GLASS BOTTLE

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† This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WITH
NUTRIENTS
PLUS REAL
FOOD

MegaFood
SINCE 1973



Iron Blood Builder™

Clinically shown to increase iron levels without side effects*†



DIETARY SUPPLEMENT 180 TABLETS | 180 SERVINGS

Suggested Use: Adults take 1 tablet daily with a beverage. May be taken any time of day, even on an empty stomach.

Supplement Facts

Serving size 1 tablet Servings per container 180

Amount per serving **% Daily Value**

Vitamin C (as ascorbic acid) 15 mg 17%

Folate (as folic acid) 680 mcg DFE (408 mcg folic acid) 170%

Vitamin B12 (as cyanocobalamin) 30 mcg 1250%

Iron (as fermented iron bisglycinate) 26 mg 144%

Organic beetroot 125 mg **

Food Blend 30 mg **
Organic brown rice, organic orange, organic broccoli

**Daily Value not established

Other Ingredients: Ferment media (rice protein, autolyzed yeast extract, organic brown rice, yeast [inactive]), rice protein, autolyzed yeast, stearic acid, silicon dioxide, hypromellose.

MADE BY MEGAFOOD, PO BOX 5244, MANCHESTER, NH 03108 USA
MEGAFOOD.COM - 800.848.2542

MegaFood Blood Builder is clinically shown to increase iron levels without nausea or constipation.*† We add real food like beets and oranges, with key nutrients like folate, iron and B12, that help to improve energy levels and combat fatigue. Vitamin C is included to support iron absorption.†



Scan to learn more about MegaFood.

Satisfaction guaranteed or your money back.

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*Shown in an 8-week clinical study to increase iron levels in individuals with low iron, without causing nausea or constipation.† Study details at bloodbuilder.com

Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within four months. Tablet color may naturally change over time. Do not use if seal under cap is broken or missing.



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BEST BY • LOT #