

Lifeable®

Don't sacrifice great taste for great health. Lifeable gummy vitamins and supplements are bursting with nutrients and fruit flavors so you will actually enjoy taking them. Lifeable - Health gone tasty!

SUGGESTED USE: As a dietary supplement, take two (2) gummies per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using.

Not for children under 2 years of age due to risk of choking.



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Do not use this product if safety seal under cap is torn or missing.

KEEP OUT OF REACH OF CHILDREN

Store at room temperature.

Avoid excessive heat.

Dist. by Lifeable,
Brooklyn, N.Y. 11204

1-855-889-6757

www.lifeable.com

Product of Israel
Packaged in the USA

Lifeable®
KIDS

MULTIVITAMIN

GUMMIES

DIETARY SUPPLEMENT

WHOLE BODY HEALTH*

60 count



VEGETARIAN



GLUTEN FREE



NUT FREE

FRUIT
FLAVOR

Supplement Facts

Serving Size: 1 Gummy (2 & 3 years); 2 Gummies (4 and older)

Servings Per Bottle: 60; 30

Amount per gummy	% Daily Value For Children 2-3 Years of Age (1 Gummy)*	% Daily Value For Adults and Children 4 Years of Age and Older (2 Gummies)**
Calories 10		
Total Carbohydrates 3 g	2%	<2%
Total Sugars 2 g	**	**
Includes 2 g Added Sugars	8%	6%
Vitamin A (as retinyl acetate) 200 mcg	67%	44%
Vitamin C (as ascorbic acid) 40 mg	267%	89%
Vitamin D3 (as cholecalciferol) 5 mcg (200 IU)	33%	50%
Vitamin E (as D-alpha tocopheryl acetate) 7.5 mg	125%	100%
Niacin (as niacinamide) 4 mg	67%	50%
Vitamin B6 (as pyridoxine HCl) 0.85 mg	170%	100%
Folate 340 mcg DFE (200 mcg folic acid)	222%	170%
Vitamin B12 (as cyanocobalamin) 1.2 mcg	133%	100%
Biotin 15 mcg	188%	100%
Pantothenic Acid (as calcium d-pantothenate) 2.5 mg	125%	100%
Iodine (as potassium iodide) 75 mcg	83%	100%
Zinc (as zinc citrate) 1 mg	33%	18%
Sodium 5 mg	<1%	<1%

*Percent Daily Values are based on a 1,000 calorie diet.

**Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Glucose syrup, sugar, water, pectin, black carrot concentrate, paprika extract and chlorophyll (colors), trisodium citrate, flavors, sodium ascorbate.

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, sesame, soy, or shellfish. Produced in a nut free facility.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.