

Lifeable®

Don't sacrifice great taste for great health. Lifeable gummy vitamins and supplements are bursting with nutrients and fruit flavors so you will actually enjoy taking them. Lifeable - Health gone tasty!

SUGGESTED USE: As a dietary supplement, take two (2) gummies per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using. Not for children under 2 years of age due to risk of choking.

Do not use this product if safety seal under cap is torn or missing.

KEEP OUT OF REACH OF CHILDREN
Store at room temperature.
Avoid excessive heat.

Dist. by Lifeable,
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Product of Israel
Packaged in the USA



WWW.LIFEABLE.COM

REV9023-0123R



Lifeable®

MEN'S MULTIVITAMIN GUMMIES DIETARY SUPPLEMENT

WITH GINSENG AND LYCOPENE
60 count



VEGAN



GLUTEN FREE



NUT FREE

BERRY
FLAVOR

Supplement Facts

Serving Size: 2 Gummies	Servings Per Bottle: 30
Amount per serving	% Daily Value*
Calories 20	
Total Carbohydrates 5 g	<2%
Total Sugars 3 g	**
Includes 3 g Added Sugars	6%
Vitamin A (as retinol acetate) 700 mcg	78%
Vitamin C (as Ascorbic acid) 90 mg	100%
Vitamin D3 (as cholecalciferol)(vegan) 20 mcg	100%
Vitamin E (as dl-alpha tocopheryl acetate) 25 mg	167%
Thiamin 0.05 mg	4%
Riboflavin 0.2 mg	15%
Niacin (as nicotinamide) 5 mg	31%
Vitamin B6 (as Pyridoxine HCl) 3 mg	176%
Folate 666 mcg DFE (as 400 mcg Folic Acid)	167%
Vitamin B12 (as cyanocobalamin) 10 mcg	417%
Biotin 30 mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate) 2 mg	40%
Iodine (as potassium iodide) 75 mcg	50%
Zinc (as zinc citrate) 3 mg	27%
Chromium (as Chromium Piccolinate) 40 mcg	114%
Molybdenum (as Sodium molybdate) 10 mcg	22%
Sodium 5 mg	<1%
Panax Ginseng Root Extract 1 mg standardized to contain 4% ginsenosides	**
Lycopene 1 mg	**
Inositol 50 mcg	**

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, sesame, soy or shellfish. Processed in a nut free facility.

Other Ingredients: Glucose syrup, sugar, water, pectin, black carrot concentrate (color), natural flavors, tri-sodium citrate, carnauba wax.

* Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.