

FOR OPTIMAL DAILY NUTRITION:

Take 4 tablets daily (2 in the AM, 2 in the PM). This is essential because calcium is most absorbable at night. These raw tablets can be used in shakes or broken down easily if powder is more convenient. Refrigerate after opening or keep in a cool pantry away from light.

Catie's Raw Vegetable Calcium uses potent sources of live food with the 20+ essential co-factors (allows proper delivery utilization in the body), enzymes, and bamboo silica to help build strong bones. This product does not contain any wheat, artificial sweeteners, sucrose, alcohol, MSG, yeast, gluten, salt, dairy, corn, egg, coloring, stabilizers, maltodextrins, or any other artificial ingredients or pesticides. **NON-GMO**

Many blessings, health
and happiness,

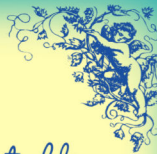


Formulated and distributed with Love by:

Energy Essentials™

For questions, call customer service: (818) 591-9355
www.energyessentials.com





Catie's
Raw Vegetable
CALCIUM

**Includes Over 20
Whole Food Co-factors
Plus K2**

PROMOTES
* **Strong Bones & Teeth**
* **A Healthy Heart & Nervous System**

120 Tablets

A WHOLE FOOD DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Tablets (2 in the morning, 2 in the evening)

Servings Per Container: 60

120 Tablets per Bottle

AMOUNT PER SERVING

% Daily Value

Vitamin D (as Cholecalciferol)	500 IU	125%
Vitamin K (as Menaquinone-7 and Phytonadione)	75 mcg	94%
Calcium (from Hydrilla Verticillata Powder)	200 mg	20%

Hydrilla Verticillata Herb Powder 1540 mg †

Proprietary Blend 592.5 mg †

Chlorella Algae Powder	Turnip (Brassica Rapa) Powder
Brewer's Yeast Powder	Sunflower Seed Powder
Asparagus Root Powder	Pumpkin Seed Powder
Kale Leaf Powder	Black Sesame Seed Powder
Chia Seed Powder	Fenugreek Seed Powder
Bamboo Leaf Powder	Fennel Seed Powder
Plum Fruit Powder	Lima Bean Powder
Raisin Fruit Powder	Banana Fruit Powder
Reishi Mushroom Powder	Plantain Leaf Powder
White Button Mushroom Powder	Black Strap Molasses Powder

† Daily Value Not Established

Contains: Tree Nuts (Coconut)

Other Ingredients: Vegetable Cellulose, Coconut Powder, Rice Hulls,
Guar Gum Powder, Hydroxypropyl Methyl Cellulose (Vegetable Coating)

* These statements have not been evaluated by the Food and Drug Administration (FDA).
This product is not intended to diagnose, treat, cure or prevent disease.